

CONTACT US

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COMMUNITY RESOURCES

Please visit the following links for additional resources and information:

HEALTH SERVICES

- ❖ [Health Way LA](#) is a no cost health care program operated by Los Angeles County. If approved you will receive full health coverage, that includes doctor visits from one of their various clinics around the Los Angeles Area, hospital services and access to specialists. **Eligibility Check list:**
 - You are a Los Angeles County Resident
 - You are between 19 and 64 years old
 - Not pregnant
 - You currently do NOT have health coverage
 - You have been a legal resident for at LEAST 5 years **OR** You are a United States citizen
 - You must meet monthly income limits
- ❖ [Alma Family Services](#) has provided quality services to families for over thirty-five years. These services include but are not limited to coping with today's needs in a time of stress, substance abuse, integrated care program, family resource centers, and professional seminars.
- ❖ [Bienvenidos Family Services](#) provides trauma-focused cognitive behavioral therapy, therapeutic behavioral services, individual, family or group therapy. In addition to treatment methods, Bienvenidos provides mental health services and family resources.
- ❖ [Former Foster Youth Medi-Cal Program \(FFY\)](#) provides extended Health and Dental Care for former foster youth who were in foster care on their 18th birthday or later. **Some of the services provided include:**
 - *Health Care Services include:*
 - Regular Health check-ups
 - Immunizations

- Substance abuse treatment
- Emergency
- Mental health services and counseling
- Dental Care Services include:
- Examinations and x-rays
- Cleanings and fillings
- Crowns and root canals

If you are unsure if you qualify please visit the website or contact the Foster Care Ombudsman by calling (877)846-1602 or via email at: fosteryouthhelp@dss.ca.gov



LEGAL SERVICES

- ❖ **Alliance for Children's Rights** is an organization that assist current and former foster youth, with advocacy, services for transitional-age youth and a chance to expunge or seal a criminal record (if you have one). Contact them at (213) 368-6010
- ❖ **Youth on the Move** promotes self-advocacy and self-determination while providing you need to build your independency. Feel free to contact them at (626) 765-6010.
- ❖ **Mental Health Advocacy Services Inc (MHAS)** specializes in protecting and advancing the legal rights of people with mental disabilities. As well as obtaining government benefits and services, protecting rights, and fighting discrimination. MHAS also serves as a resource to the community by providing training and technical assistance to attorneys, mental health professionals, consumer and family member groups, and other advocates. In addition, MHAS participates in impact litigation in an effort to improve the lives of people with mental disabilities. Feel free to contact them at (213) 389-2077.
- ❖ **Public Counsel** assist with adoption of foster youth, children with developmental disabilities, education, foster youth benefits and legal issues, **Guardianship, Immigration for Abandoned Children** (SIJS), pregnant & parenting minors, regional center advocacy, truancy, tickets and delinquency issues. Contact them at (213) 385-2977.
- ❖ **Legal Aid Foundation of Los Angeles** assist with employment and employment barriers, family law, evictions, immigration, student loan issues. Feel free to contact them at (800) 399-4529.
- ❖ **Children's Law Center** is dedicated to assisting children who have been abused or neglected and are involved with the Los Angeles or Sacramento County Juvenile Dependency Court systems. Contact them at (323) 980-1700.

- ❖ **Neighborhood Legal Services of Los Angeles(NLSLA)** This program has legal services regarding Housing, Health, Economic security, and Justice. Their housing services help people prevent unlawful evictions, foreclosures, preserve affordable housing, rent control, and fight discrimination in Section 8 and other government housing programs. They provide assistance in resolving problems with health care plans and assist in implementing the Affordable Care Act for those who need it and qualify. This program also provides various **self-help centers** depending on the area in which you live. Feel free to contact them at (800) 433-6251.
 - **El Monte Office:**
9354 Telstar Ave.
El Monte, CA91731
 - **Glendale Office:**
1104 E. Chevy Chase Drive,
Glendale, CA 91205
 - **Pacoima Office:**
13327 Van Nuys Blvd.
Pacoima, CA 91331

- ❖ **Los Angeles Center for Law and Justice** provides, **Domestic Violence, Hueston Hennigan Teen Project, Immigration, Access to Justice Project and Community Care Advocacy Program.** Contact them at (323)980-3500

GRANTS/SCHOLARSHIPS

Fast Web offers many scholarships for students who received foster care. To access the scholarships, you will sign up and fill out requested information, based off the information you provide you will be matched with other potential scholarships.

Chafee Grant applies to students who were in foster care for at least one day, between the ages of 16 and 18 as a word of the court. The deadline for this grant is October. The following items must be submitted, [Free Application for Federal Student Aid](#) or [CA Dream Act Application](#) and the [Chafee Grant Application](#) (for first time applicants only)

Change a life Foundation Foster Youth/ Emancipated Youth/Non-Minor Dependent Scholars This scholarship this applies to High school seniors and community college students with the intention of transferring to a four-year College or University. Students must have a 2.75 or above from ninth grade to first semester of 12th grade, or 2.5 cumulative GPA from a Community College. See website for scholarship and deadline updates.

Fostering Educational Opportunities Foundation Scholarship Program is a scholarship for former foster youth up to the age of 26 with a 2.0 minimum GPA. In order to apply for the scholarship, you would need to fill out the needed information on the website as well as turning in/uploading all necessary documents.

Foster Care to Success Scholarship

Is a Scholarship for former foster youth entering an undergraduate program. Applicant must be under the age of 25 on March of the year being applied for. Must have been in foster care while living in the United States. Also must have been in public or private foster care for 12 consecutive months leading up to and including their 18th birthday. Applications are yearly from January 1st up until March 31st.

Nsoro Foundation Scholarship Program

Applicants must be able to certify that they are currently placed in foster care, a ward of the state and/or be eligible for ILP for having aged out of the system as a young adult. Student must be planning to attend school as a full-time student, be under the age of 25 on March of the year on which they are applying, and be a US citizen or Permanent Resident of the US. Must be accepted into a Pell-eligible college or other post-secondary school. Application deadlines can be found on the website.

United Friends of the Children College Sponsorship Programs

High School Sophomores and **Current College Students** are eligible to apply to be a part of the sponsorship program.

High School students must be an LA County foster youth with an open case including reunification and family maintenance cases or kinship/legal guardianship placements. Student must have plans of enrolling into a college or university after High School. Must attend an overnight retreat in August date TBD. Students **MUST** attend an information session and an in-person interview.

Current college students must be current or former LA County foster youth who is/was eligible for ILP and must be under the age of 24. College students must be attending a community college in Los Angeles and participate in an on-campus support program (i.e., EOP&S, NextUp, etc.). Students must be on track to attend a non-profit, Bachelor's Degree Granting Institution full-time within the next two years.

INFORMATION

- ❖ **Affordable Care Act (ACA)** increases your eligibility for health care benefits. The goal of ACA was to make health insurance available for all as well as affordable. Ever since this was passed back in 2010 health care providers are not able to turn down service do to pre-existing health complications or because the care being provided is becoming more expensive.
- ❖ **California Youth Connection** is a youth led organization that seeks to transform the foster care system through legislative and policy change.

Empowering foster youth ages 14-24 to build leadership skills and forge supportive relationships while simultaneously being able to advocate for child welfare reforms that impact their lives.

- ❖ **Information on Extended Foster Care** provides an opportunity for young adults who were previously in former foster care the ability to continue receiving foster care services after the age of 18. Eligible youth who do not want to participate in the program have until the age of 19 to voluntary request to participate. Services include case management, transitional living services, medical, dental, foster care placement or supervised independent living setting placement.
- ❖ **The Chafee Grant** is an educational grant specifically for former foster youth attending college.
- ❖ **United Friends of the Children** is a program that does its best to support its students in as many ways as they can. They offer a variety of resources such as one-on-one support from a college counselor, fun bonding events and activities, career discovery and development, persistence grants to assist with unforeseen financial emergencies, and post-graduation planning assistance.
- ❖ **Youth Center on Highland: Los Angeles LGBT Center** assist with housing, breakfast, lunch, dinner, snacks, showers, clothing and laundry services, education program, HIV testing and counseling, employment program, computer lab, housing referrals, recreational activities, art/music groups and counseling and support groups. Feel free to contact them at (323) 993-7400.
- ❖ **The Village Family Services : TAY Drop-In Center** provides vocational support, education support, art and fitness classes, life-skills training, counseling services, peer and support groups, anger management groups, LGBTQ support, housing referral, substance abuse recovery referral and supportive services for homeless youth. Feel free to contact them at (818) 755-8786.
- ❖ **CalFresh** Former foster youth living with food insecurity may qualify to receive benefits from the Department of Public Social Services (DPSS)

SHELTERS

- ❖ **Affordable Care Act (ACA)** increases your eligibility for health care.
- ❖ **Homeless healthcare Los Angeles** is a community based organization that assist homeless people.
Location: 2330 Beverly Blvd. Los Angeles, CA, 90057
Contact: (213) 744-0724
- ❖ **Saint Anne's Transitional housing program** provides up to two years of subsidized housing and comprehensive supportive services to pregnant

and parenting young women and their children. This program is designed to promote independence and self-sufficiency by empowering women to reach their full potential and healthy lives.

Location: 155 n occidental Blvd. Los Angeles, CA, 90026

- ❖ **Good Shepherd Languille homeless shelter** is a 12 week shelter for women and provide three meals a day, case management, job development and employment services. This is for women who are taking their first steps into homelessness toward life of dignity and self-sufficiency.

Location: 267 n Belmont Ave Los Angeles, CA, 90026

Contact: (213) 235-1460

- ❖ **PATH Program** are family agencies working together to end homelessness for individuals, families and communities.

Location: 340 Madison Los Angeles, CA, 90004

Contact: (323) 644-2200

- ❖ **Jovenes** provides it's services to students who are experiencing housing insecurities. Call Sarai at (213) 675-1973 to schedule an appointment.

- ❖ **Los Angeles Homeless Services Authority (LAHSA)** is a program that provides referrals to homeless families, adults, and youth. This program also offers information on other **emergency and service centers**.

PANTRY

- ❖ **1st church of Nazarene** provides food to low income families and individual who live in the Los Angeles area. Prior to going please call and take grocery bags.

Location: 3401 west 3rd street Los Angeles, CA 90020

Contact: (213) 385-6345

- **Breakfast:** Wednesdays at 9:30am – 10:30am
- **Hot Lunch:** Tuesdays and Thursdays 11:30am – 12:30pm
- **Groceries:** Every Friday 4:00pm – 6:00pm

- ❖ **Dream center** supplies individuals and families in need with hot meals on the days and times provided below. The organization also has a **food trucks** that distributes food. Please contact the organization for further information.

Location: 2301 Bellevue Los Angeles, CA 90026

Contact: (213) 273-7000

- **Breakfast:** Monday through Friday at 6:30am – 8:00 am
- **Lunch:** 11:30am – 12:30pm Except Saturdays
- **Dinner:** 4:30pm – 5:30pm

- ❖ **Food Net-Centro Maravilla** provides food to low income families and individuals, no eligibility is required. The food pantry is open once a month on the days listed below, call prior to avoid discrepancies. Every Thursday they hold a food bank that begins at 1:00pm, please take at least four grocery bags. For emergency food please call 211.
 - **Location:** 4716 E. Cesar Chavez Avenue Los Angeles, CA 90022
 - **Contact:** (323) 260-2804
 - **Hours:** Monday, Tuesday, and Friday 8:00am – 4:00 pm

- ❖ **God Provides Food Bank** assist families and individuals who live in South El Monte area will be provided with 100 lbs family food packages. People who live elsewhere are welcomed and can receive a food package, although they do ask for a donation. Please contact them for further information.
 - **Location:** 2453 Troy Ave, South El Monte, CA 91733
 - **Contact:** (626) 442-4273
 - **Hours:** Monday – Friday 8:00am – 4:00pm and Saturday 8:00am – 2:00pm

- ❖ **East L.A. Bilingual S.D.A. Church** Please contact them for further information. Call prior to visiting incase the location and hours change.
 - **Location:** 700 Hoefner Avenue Los Angeles, CA 90022
 - **Contact:** (323)633-4794
 - **Hours:** Saturday 12:00pm – 12:45pm

- ❖ **The Bible Tabernacle** Provides food baskets to families in need. They have a Christmas day toy and clothes give away celebration where they also provide Christmas dinner. Call prior to visiting incase the location and hours change.
 - **Location:** 16301 Sierra Hwy Santa Clarita, CA 91351
 - **Contact:** (661)298-0924
 - **Hours:** Monday - Sunday
 - **Location:** 1761 Washington Way Venice, CA 90291
 - **Contact:** (310)821-6116
 - **Hours:** Monday - Sunday