

PHYSICAL EDUCATION DEPARTMENT

C1-135B MEN (323) 415-5336

E9-112 WOMEN (323) 265-8917

SUBJECTS

- **Dance Studies**
- **Dance Techniques**
- **Health**
- **Physical Education**
- **Physical Fitness and Body Movement**

FACULTY: PHYSICAL EDUCATION - MEN'S

Browne, Richard - Chair
Instructor

Calienes, Jorge L.
Associate Professor

Cone, Al - Athletic Director
Instructor

Gamboa, Ricardo
Instructor

Hines, James
Instructor

Kimber, Kiff K.
Instructor

McBride, Dan
Associate Professor

Onsgard, Eldin B.
Professor

Shepherd, Michael A.
Instructor

ADJUNCT FACULTY

Adame, Alec

Brenes, Orlando J.

Dipietra, John J.

Elias, Ed

Hultz, Robert

Kaur, Dr. Manjit

Meiers, John C.

Plutchok, Keith

Teper, Lonnie E.

Varela, Stephanie A.

Valle, Ralph

Veglia, Antony

FACULTY: PHYSICAL EDUCATION - WOMEN'S

Galvan, Margaret – Chair
Professor

Blanco, Erika
Instructor

Brown, Kimberly D.
Associate Professor

Crawford, Jr., Richard C.
Professor

Daw, Pauletta E.
Professor

Faulkner, Ellen W.
Professor

Hernandez, Benjamin C.
Associate Professor

Ladd, Marilyn C.
Professor

Ramirez, Louis Jr.
Associate Professor

ADJUNCT FACULTY

D'Luhy Deborah A.

Espinoza, Marvin

Evans, Wanda L.

Figueroa, Marielina

Ganado, Kai

Holguin, Irene

Iriye, Sharon K.

Jensen, Karin

Johnson-Hawkins, Alma

Kaur, Dr. Manjit

Komori, Miyoko

Laguna, Steve

Lambert, Shannon

Lewis, Elton

Maxwell, Dorothy M.

Nguy, Qui

Rodriguez, George

Sandoval, M. Consuelo

Stankevitz, Diane

Tuitama, Tiare

Turner, Bruce M.

Tyo, Stephanie

Veglia, Antony

Wakamatsu, Jeannie

White, Keith

Wu, Dr. Chivey

Zepeda, Eva

EDUCATIONAL PROGRAMS

ASSOCIATE DEGREE PROGRAM:

- **Physical Education**

TRANSFER CURRICULUM:

- **Physical Education**

DEGREE PROGRAM

PHYSICAL EDUCATION

Associate in Arts Degree

This program emphasizes preparation for teaching, or career opportunities in Physical Education, or a number of other fields such as physical therapy, special education, recreation, athletic training, research and for positions in private industry or in public service.

In addition to physical fitness, dance and sports activities, the program includes the study of methods of teaching and coaching; rules, procedures and officiating of sports; history and principles of physical education and its relation to education in general.

PHYSICAL EDUCATION

SUBJECT & NO.	COURSE	UNITS
EITHER		
ANATOMY 1	Introduction to Human Anatomy4
AND		
PHYSIOL 1	Introduction to Human Physiology . .	.4
OR		
BIOLOGY 20	Human Anatomy and Physiology8
HEALTH	2, 7, 8, or 113
PHYS ED or DANCETQ (see catalog)	Four different activity courses to include: aquatics, dance, individual and team sports4
PSYCH 1	General Psychology I3
SOC 1	Introduction to Sociology3
<i>Subtotal</i>		21

ELECTIVE COURSES:

At least 9 units from the following list:

HEALTH 12	Safety Education and First Aid.3
MATH 227	Statistics4
P. E. 701	Advanced Lifesaving.2
P. E. 702	Water Safety Instruction3
P. E. 708	Care and Prevention of Athletic Injuries .3	
P. E. 710	Officiating Competitive Sport I3
P. E. 711	Officiating Competitive Sport II3
P. E. 712	Introduction to Physical Education . . .3	
P. E. 713	Introduction to Coaching Athletics . . .3	
PHYSICS 11	Introductory Physics4

GENERAL EDUCATION REQUIREMENTS (PLAN A) 30

Total **60**

TRANSFER CURRICULUM

Transfer requirements are subject to change. Students should check with a counselor for current transfer information.

Majors in physical education must study various physical activity courses in depth. Methods of teaching and coaching, rules, procedures, and officiating of sports must also be undertaken. An introduction to the prevention and care of sports injuries as well as a study of the human body and its reaction to the stresses of vigorous activity are emphasized. It is necessary, of course, for the physical education major to be in excellent physical condition. In addition to the general education requirements and lower division preparation in physical education activities, the major must take Anatomy 1 and Physiology 1 (or Biology 20) and their prerequisites. Physical Education majors also study the history and principals of their profession and its relation to education in general.

CALIFORNIA STATE UNIVERSITY, LOS ANGELES

SUBJECT & NO.	COURSE	UNITS
ANATOMY 1	Introduction to Human Anatomy4
TOGETHER WITH		
PHYSIOL 1	Introduction to Human Physiology, . .	.4
OR		
BIOLOGY 20	Human Anatomy and Physiology8
HEALTH 12	Safety Education and First Aid.3
MATH 245	College Algebra3
OR		
MATH 260	Pre-Calculus5
MATH 227	Statistics4
OR		

BUS 15	Business Statistics3
PHYSICS 11	Introductory Physics4
PSYCH I	General Psychology I.3
SOC 1	Introduction to Sociology3

CSU GENERAL EDUCATION REQUIREMENTS 39

COURSE DESCRIPTIONS

DANCE STUDIES (DANCEST)

452 Introduction to Choreography (1) UC:CSU RPT3

Laboratory, 2 hours.

This course introduces students to choreography with an emphasis on basic steps and combinations, creating dances, terminology, music, and appreciation of dance as a performing art form.

458 Latin American Dance Cultures (3) UC:CSU

Note: Credit given for only one of Chicano Studies 58 or Dance Studies 458.

Lecture, 3 hours.

This class focuses on Latin American folk dance appreciation, studying dance as culture, and how each region manifests its traditions, history, and lifestyle as expressed through movement. Students explore and analyze folk dances and how they are reflected by the worldview of people who practice them. They also analyze symbolic movements from selected dances to recognize the quality of movement and the relationship between religious and secular dances.

814 Dance Production I (1) UC:CSU RPT2

Laboratory, 3 hours.

This course develops knowledge and skill in organizing and handling a dance production. In addition to increasing dance technique, an opportunity to perform in a dance production is provided.

820 Dance Production II (4) UC:CSU

Lecture, 2 hours; Laboratory, 4 hours.

This course provides instruction and laboratory experience in methods and techniques involved in producing a dance concert: including rehearsal management, scheduling, choreographic applications, lighting, costuming, publicity, audition and performance skills, dance critique and assessment.

822 Dance Rehearsal and Performance (1) UC:CSU RPT3

Laboratory, 2 hours.

This course provides students structured rehearsal time which culminates in a performance. Students participate as dancers and production personnel and may perform on campus and/or on tour.

826 Dance Performance Company (1) UC:CSU RPT3

Laboratory, 3 hours.

This course develops knowledge and techniques to perform in a professional dance company. In addition to exploring various dance techniques, it offers an opportunity to choreograph and perform with the East Los Angeles College Dance Company, as well as touring opportunities to local schools.