

## PHYSICAL EDUCATION DEPARTMENT

C1-135B MEN (323) 415-5336

E9-112 WOMEN (323) 265-8917

### SUBJECTS

- **Dance Studies**
- **Dance Techniques**
- **Health**
- **Physical Education**
- **Physical Fitness and Body Movement**

### FACULTY: PHYSICAL EDUCATION - MEN'S

Browne, Richard - Chair  
*Instructor*

Calienes, Jorge L.  
*Associate Professor*

Cone, Al - Athletic Director  
*Instructor*

Gamboa, Ricardo  
*Instructor*

Hines, James  
*Instructor*

Kimber, Kiff K.  
*Instructor*

McBride, Dan  
*Associate Professor*

Onsgard, Eldin B.  
*Professor*

Shepherd, Michael A.  
*Instructor*

### ADJUNCT FACULTY

Adame, Alec

Brenes, Orlando J.

Dipietra, John J.

Elias, Ed

Hultz, Robert

Kaur, Dr. Manjit

Meiers, John C.

Plutchok, Keith

Teper, Lonnie E.

Varela, Stephanie A.

Valle, Ralph

Veglia, Antony

### FACULTY: PHYSICAL EDUCATION - WOMEN'S

Galvan, Margaret – Chair  
*Professor*

Blanco, Erika  
*Instructor*

Brown, Kimberly D.  
*Associate Professor*

Crawford, Jr., Richard C.  
*Professor*

Daw, Pauletta E.  
*Professor*

Faulkner, Ellen W.  
*Professor*

Hernandez, Benjamin C.  
*Associate Professor*

Ladd, Marilyn C.  
*Professor*

Ramirez, Louis Jr.  
*Associate Professor*

### ADJUNCT FACULTY

D'Luhy Deborah A.

Espinoza, Marvin

Evans, Wanda L.

Figueroa, Marielina

Ganado, Kai

Holguin, Irene

Iriye, Sharon K.

Jensen, Karin

Johnson-Hawkins, Alma

Kaur, Dr. Manjit

Komori, Miyoko

Laguna, Steve

Lambert, Shannon

Lewis, Elton

Maxwell, Dorothy M.

Nguy, Qui

Rodriguez, George

Sandoval, M. Consuelo

Stankevitz, Diane

Tuitama, Tiare

Turner, Bruce M.

Tyo, Stephanie

Veglia, Antony

Wakamatsu, Jeannie

White, Keith

Wu, Dr. Chivey

Zepeda, Eva

### EDUCATIONAL PROGRAMS

#### ASSOCIATE DEGREE PROGRAM:

- **Physical Education**

#### TRANSFER CURRICULUM:

- **Physical Education**

#### DEGREE PROGRAM

#### PHYSICAL EDUCATION

##### Associate in Arts Degree

This program emphasizes preparation for teaching, or career opportunities in Physical Education, or a number of other fields such as physical therapy, special education, recreation, athletic training, research and for positions in private industry or in public service.

In addition to physical fitness, dance and sports activities, the program includes the study of methods of teaching and coaching; rules, procedures and officiating of sports; history and principles of physical education and its relation to education in general.

PHYSICAL EDUCATION

SUBJECT & NO.	COURSE	UNITS
<b>EITHER</b>		
ANATOMY 1	Introduction to Human Anatomy . . .	.4
<b>AND</b>		
PHYSIOL 1	Introduction to Human Physiology . .	.4
<b>OR</b>		
BIOLOGY 20	Human Anatomy and Physiology . . .	.8
HEALTH	2, 7, 8, or 11 . . . . .	.3
PHYS ED or DANCETQ (see catalog)	Four different activity courses to include: aquatics, dance, individual and team sports . . . . .	.4
PSYCH 1	General Psychology I . . . . .	.3
SOC 1	Introduction to Sociology . . . . .	.3
<i>Subtotal</i> . . . . .		<b>21</b>

**ELECTIVE COURSES:**

**At least 9 units from the following list:**

HEALTH 12	Safety Education and First Aid. . . . .	.3
MATH 227	Statistics . . . . .	.4
P. E. 701	Advanced Lifesaving. . . . .	.2
P. E. 702	Water Safety Instruction . . . . .	.3
P. E. 708	Care and Prevention of Athletic Injuries .3	
P. E. 710	Officiating Competitive Sport I . . . . .	.3
P. E. 711	Officiating Competitive Sport II . . . . .	.3
P. E. 712	Introduction to Physical Education . . .3	
P. E. 713	Introduction to Coaching Athletics . . .3	
PHYSICS 11	Introductory Physics . . . . .	.4

**GENERAL EDUCATION REQUIREMENTS (PLAN A) 30**

*Total* . . . . . **60**

**TRANSFER CURRICULUM**

Transfer requirements are subject to change. Students should check with a counselor for current transfer information.

Majors in physical education must study various physical activity courses in depth. Methods of teaching and coaching, rules, procedures, and officiating of sports must also be undertaken. An introduction to the prevention and care of sports injuries as well as a study of the human body and its reaction to the stresses of vigorous activity are emphasized. It is necessary, of course, for the physical education major to be in excellent physical condition. In addition to the general education requirements and lower division preparation in physical education activities, the major must take Anatomy 1 and Physiology 1 (or Biology 20) and their prerequisites. Physical Education majors also study the history and principals of their profession and its relation to education in general.

**CALIFORNIA STATE UNIVERSITY, LOS ANGELES**

SUBJECT & NO.	COURSE	UNITS
ANATOMY 1	Introduction to Human Anatomy . . .	.4
<b>TOGETHER WITH</b>		
PHYSIOL 1	Introduction to Human Physiology, . .	.4
<b>OR</b>		
BIOLOGY 20	Human Anatomy and Physiology . . .	.8
HEALTH 12	Safety Education and First Aid. . . . .	.3
MATH 245	College Algebra . . . . .	.3
<b>OR</b>		
MATH 260	Pre-Calculus . . . . .	.5
MATH 227	Statistics . . . . .	.4
<b>OR</b>		

BUS 15	Business Statistics . . . . .	.3
PHYSICS 11	Introductory Physics . . . . .	.4
PSYCH I	General Psychology I. . . . .	.3
SOC 1	Introduction to Sociology . . . . .	.3

**CSU GENERAL EDUCATION REQUIREMENTS 39**

**COURSE DESCRIPTIONS**

**DANCE STUDIES (DANCEST)**

**452 Introduction to Choreography (1) UC:CSU RPT3**

Laboratory, 2 hours.

This course introduces students to choreography with an emphasis on basic steps and combinations, creating dances, terminology, music, and appreciation of dance as a performing art form.

**458 Latin American Dance Cultures (3) UC:CSU**

Note: Credit given for only one of Chicano Studies 58 or Dance Studies 458.

Lecture, 3 hours.

This class focuses on Latin American folk dance appreciation, studying dance as culture, and how each region manifests its traditions, history, and lifestyle as expressed through movement. Students explore and analyze folk dances and how they are reflected by the worldview of people who practice them. They also analyze symbolic movements from selected dances to recognize the quality of movement and the relationship between religious and secular dances.

**814 Dance Production I (1) UC:CSU RPT2**

Laboratory, 3 hours.

This course develops knowledge and skill in organizing and handling a dance production. In addition to increasing dance technique, an opportunity to perform in a dance production is provided.

**820 Dance Production II (4) UC:CSU**

Lecture, 2 hours; Laboratory, 4 hours.

This course provides instruction and laboratory experience in methods and techniques involved in producing a dance concert: including rehearsal management, scheduling, choreographic applications, lighting, costuming, publicity, audition and performance skills, dance critique and assessment.

**822 Dance Rehearsal and Performance (1) UC:CSU RPT3**

Laboratory, 2 hours.

This course provides students structured rehearsal time which culminates in a performance. Students participate as dancers and production personnel and may perform on campus and/or on tour.

**826 Dance Performance Company (1) UC:CSU RPT3**

Laboratory, 3 hours.

This course develops knowledge and techniques to perform in a professional dance company. In addition to exploring various dance techniques, it offers an opportunity to choreograph and perform with the East Los Angeles College Dance Company, as well as touring opportunities to local schools.