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"In order to get from what was to what will be, you must go through what is."
Anonymous

Annual

ELAC

Holiday Social

(Sponsored by ELAC Classified Employees Association)

Let’s get together for good food, music, dancing, raffle & fun!

Date:    Thursday, December 17, 2009
Time:    12-4 p.m.
Place:  Almansor Court
        700 S. Almansor Street
        Alhambra, CA  91801
Cost:    $25 per person (maximum 150)

Bulletin submission info
Requests for Weekly Bulletin must be submitted to Catalina “Cathy” Medina in the President’s Office, no later than Wednesday, 12:00 noon (week prior). You may submit your request in person, or e-mail at medinac@elac.edu

East Los Angeles College
1301 Avenida Cesar Chavez
Monterey Park, CA  91754
East Los Angeles College Department of Speech and Theatre Arts presents

La Gaviota

A new adaptation of Anton Chekov's
The Seagull

Envy & Deception

$ 12 General
$ 7 Students w/ID
$ 5 High School Students
(One high school parent admitted free)

Information and Reservations:
323.415.5333

Evenings:
Friday & Saturday 8:00 p.m.
December 4, 5, 11 & 12

Matinees:
Sunday 3:00 p.m.
December 6 & 13

EDISON CENTER FOR THE PERFORMING ARTS ■ EAST LOS ANGELES COLLEGE
1301 Avenida Cesar Chavez, Monterey Park
ENTERTAINMENT!
ASL STORY –TELLING...

COME ONE AND COME ALL!
FUN! LAUGHTER!

Wednesday November 25, 2009
WHERE? E-5 Room 111
11AM

OPEN TO ALL! DEAF! HEARING! ASL STUDENTS AND FACULTY!
ELAC STUDENTS AND FACULTY
STORIES! JOKES! SONGS!

Join ASL professors Melanie Vansell and Tomas Garcia and
their ASL students!

Electric Carts on Campus

Please remember that only those that have gone through cart training are allowed to drive a campus electric cart. Also, please remember that talking on your cell phone is NOT allowed while driving the carts.

If you need more information on this or if you have an employee that needs cart training, please contact me. Susan Okawa, Ext. 8669
Office of Administrative Services
### THE PUENTE PROJECT

**What is Puente?**--The Puente Project is a national award winning transfer program that has helped thousands of educationally underserved students in school and college through teaching, counseling, and mentoring.

**What do Puente Mentors do?**
- Introduce students to career and workplaces.
- Share their strategies for overcoming obstacles.
- Show by example that academic and career goals can be met.
- Provide resources for student writing assignments about culture and community.

**Interested in Mentoring Next Year?**

*Please contact Carlos Centeno at (323) 780-6713 or Dorothy Teola at (323) 267-3763.*

'We want to get you started on your way to becoming a life-changing influence in our students’ lives!'
Fred Aves Scholarship

$1,000 and $1,500

Are you enrolled in one of the following Career and Technical Education Programs:

- Administration of Justice
- Chemical Dependency
- Child, Family & Education
- Emergency Medical Technician
- Fire Technology
- Health Information Technology
- Nursing
- Respiratory Therapy

Minimum Qualifications:
- Currently enrolled in a Career and Technical Education class *see list above
- Have a GPA of 3.0 or higher
- Currently enrolled in 6 units
- Financial needs
- AB540
- Former Foster Youth
- Have completed a minimum of 12 units

Pick up an application from the department office, financial express office, or the Office of Workforce Education (A5).

- If you have already received the Fred Aves Scholarship in the past you may not apply again.

East Los Angeles College
1301 Avenida Cesar Chavez
Monterey Park, CA 91754

Applications are due December 1, 2009 by 4:00 p.m. in the Office of Workforce Education (A5).
MAIN CAMPUS

LIBRARY WORKSHOPS

Students who attend at least four workshops during the fall semester will receive a flash drive.

Students need to register at the Main Campus library at least one day in advance. Upon completion of the workshop, students will be given an attendance verification form.

You can link to the complete fall 2009 workshop schedule through the Instructional Services tab on the library homepage: http://www.elac.edu/departments/library.

For more information contact Amy Guy at (323) 267-3775 or by email at gual@elac.edu.

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Topic</th>
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</thead>
<tbody>
<tr>
<td>Monday, 11/9</td>
<td>12:30-1:30pm</td>
<td>Introduction to Library Databases</td>
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<tr>
<td>Monday, 11/9</td>
<td>3:30-4:30pm</td>
<td>Library Orientation</td>
</tr>
<tr>
<td>Tuesday, 11/10</td>
<td>10:30-11:30am</td>
<td>Cite Your Sources &amp; Avoid Plagiarism</td>
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<tr>
<td>Tuesday, 11/10</td>
<td>3:30-4:30pm</td>
<td>Library Orientation</td>
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<tr>
<td>Tuesday, 11/10</td>
<td>5:30-6:30pm</td>
<td>Library Orientation</td>
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<tr>
<td>Thursday, 11/12</td>
<td>10:30-11:30am</td>
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<tr>
<td>Thursday, 11/12</td>
<td>3:30-4:30pm</td>
<td>Library Orientation</td>
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<tr>
<td>Monday, 11/16</td>
<td>12:30-1:30pm</td>
<td>Get Started with Research</td>
</tr>
<tr>
<td>Monday, 11/16</td>
<td>3:30-4:30pm</td>
<td>Library Orientation</td>
</tr>
<tr>
<td>Tuesday, 11/17</td>
<td>10:30-11:30am</td>
<td>Online Library Catalogs</td>
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<tr>
<td>Tuesday, 11/17</td>
<td>3:30-4:30pm</td>
<td>Library Orientation</td>
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<tr>
<td>Tuesday, 11/17</td>
<td>5:30-6:30pm</td>
<td>Library Orientation</td>
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<tr>
<td>Wednesday, 11/18</td>
<td>12:30-1:30pm</td>
<td>Library Orientation</td>
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<tr>
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<td>3:30-4:30pm</td>
<td>Library Orientation</td>
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<tr>
<td>Wednesday, 11/18</td>
<td>5:30-6:30pm</td>
<td>Journal, Magazine &amp; Newspaper Articles</td>
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<tr>
<td>Thursday, 11/19</td>
<td>10:30-11:30am</td>
<td>Library Orientation</td>
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<tr>
<td>Thursday, 11/19</td>
<td>3:30-4:30pm</td>
<td>Using Reference Sources</td>
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<tr>
<td>Monday, 11/23</td>
<td>12:30-1:30pm</td>
<td>Introduction to Library Databases</td>
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<tr>
<td>Monday, 11/23</td>
<td>3:30-4:30pm</td>
<td>Library Orientation</td>
</tr>
<tr>
<td>Tuesday, 11/24</td>
<td>10:30-11:30am</td>
<td>Cite Your Sources &amp; Avoid Plagiarism</td>
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<tr>
<td>Tuesday, 11/24</td>
<td>3:30-4:30pm</td>
<td>Library Orientation</td>
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<tr>
<td>Tuesday, 11/24</td>
<td>5:30-6:30pm</td>
<td>Library Orientation</td>
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<tr>
<td>Wednesday, 11/25</td>
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<td>3:30-4:30pm</td>
<td>Library Orientation</td>
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<tr>
<td>Wednesday, 11/25</td>
<td>5:30-6:30pm</td>
<td>Credible Sources on the Web</td>
</tr>
<tr>
<td>Monday, 11/30</td>
<td>12:30-1:30pm</td>
<td>Get Started with Research</td>
</tr>
<tr>
<td>Monday, 11/30</td>
<td>3:30-4:30pm</td>
<td>Library Orientation</td>
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</table>
Students who attend at least four workshops during the fall semester will receive a flash drive.

Students need to register at the South Gate Educational Center library at least one day in advance. Upon completion of the workshop, students will be given an attendance verification form.

You can link to the complete fall 2009 workshop schedule through the Instructional Services tab on the library homepage: http://www.elac.edu/departments/library.

For more information contact Gabriella Lopez at (323) 357-6214 or by email at lopezgm@elac.edu.

<table>
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<tr>
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<tbody>
<tr>
<td>Tuesday, 11/10</td>
<td>3:30 – 4:30 pm</td>
<td>Critical Thinking About Information</td>
</tr>
<tr>
<td>Tuesday, 11/10</td>
<td>5:30 – 6:30 pm</td>
<td>Journal, Magazine and Newspaper Articles</td>
</tr>
<tr>
<td>Monday, 11/16</td>
<td>12:00 – 1:00 pm</td>
<td>Find Books Using Online Library Catalogs</td>
</tr>
<tr>
<td>Wednesday, 11/18</td>
<td>5:30 – 6:30 pm</td>
<td>Get Started with Research</td>
</tr>
<tr>
<td>Tuesday, 11/24</td>
<td>3:30 – 4:30 pm</td>
<td>Using Reference Sources</td>
</tr>
<tr>
<td>Monday, 11/30</td>
<td>12:00 – 1:00 pm</td>
<td>Credible Sources on the Web</td>
</tr>
<tr>
<td>Wednesday, 12/2</td>
<td>5:30 – 6:30 pm</td>
<td>Journal, Magazine and Newspaper Articles</td>
</tr>
<tr>
<td>Monday, 12/7</td>
<td>5:30 – 6:30 pm</td>
<td>Cite Your Sources and Avoid Plagiarism</td>
</tr>
<tr>
<td>Wednesday, 12/9</td>
<td>5:30 – 6:30 pm</td>
<td>Find Books Using Online Library Catalogs</td>
</tr>
</tbody>
</table>
Amusement park tickets sold for all faculty, staff, and students at the Student Activities Office G8-119. **Tickets sold on a cash basis only, except for faculty and classified staff who are able to write checks with proper ID.** Tickets are sold between the hours of 8:00 am ~ 7:30 pm, M-TH and until 3:30 pm on Friday. If you have any questions, please call ext. 3795.

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<tr>
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<th><strong>ASU/Employee</strong></th>
<th><strong>Non-ASU</strong></th>
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<tr>
<td><strong>Magic Mountain:</strong></td>
<td>Adult $27/ea</td>
<td>Adult $28/ea</td>
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<tr>
<td></td>
<td>Child $16/ea</td>
<td>Child $17/ea</td>
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</tbody>
</table>
| (Child Tickets are for children under 48”)
| **Universal Studios:**| General $50/ea   | General $51/ea|
|                       | No separate child tickets
| **Aquarium of the Pacific:** | Adult $16.95/ea | Adult $17.95/ea|
|                       | Child $10.95/ea. Flat Rate, Ages 3-11
| **Knott’s Berry Farm:** | Adult $30/ea     | Adult $31/ea|
|                       | Junior $21/ea    | Junior $22/ea|
| (Junior Ticket Ages 3 & up, Under 48”)
| **Hurricane Harbor**  | General $20/ea   | General $21/ea|
| (No separate child tickets)

**AMC and Regal Theatre Tickets (Unrestricted)**

Now available at the Student Activities Office, G8-119 on a cash basis only. Faculty and staff can pay by check with employee ID. Any questions, please call ext. 3795.

**ALL MOVIE TICKETS ARE UNRESTRICTED!**

- **AMC ~ $8.50 /ea. Flat Rate**
- **Regal Theatres ~ $8.50/ea. Flat Rate**

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**Fall 09’ Career Workshop**

**Undecided Major**

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<tbody>
<tr>
<td>Tues</td>
<td>Dec. 1</td>
<td>10 am - 12 pm</td>
</tr>
<tr>
<td>Thurs</td>
<td>Dec. 3</td>
<td>4 pm - 6 pm</td>
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**Resume and Interview Skills**

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<tbody>
<tr>
<td>Wed</td>
<td>Dec. 2</td>
<td>10 am - 12 pm</td>
</tr>
</tbody>
</table>

Workshops held in E-7 313
Sign up at Career/Job Placement Center, A4 Bungalow (323) 415-4126
Are You Assisting / Caring For An Older Adult?

Perhaps you do not realize you are a “Caregiver” since you are a relative or friend to the person you are helping. However, if you consistently help an older adult with daily activities such as, help manage their medical needs, home maintenance, paying bills, grocery shopping and errands, or assist in making important decisions, YOU are a caregiver.

The City of Los Angeles Department of Aging is pleased to announce a Family Caregiving Series of topics that can be of use for those helping in the daily care of a family member or friend. The series of FREE workshops are available to support those who are caring for older adults.

This Family Caregiving Series includes:

East LA College E3-101, 110
Presentations time: 12:00pm – 1:00 pm

Reducing Caregiver Stress – Wed. Dec 9, 2009
(Coping skills to overcome the emotional impact caregivers may feel)

Fall & Injury Prevention – Wed, Jan 13, 2010
(Falls and Injuries are preventable. Learn how to keep your home safe)

Medication Management - Wed, Feb 10, 2010
(Taking multiple medications can complicated. Learn practical ways to avoid adverse reactions and accidents)

Reducing Your Risk of a Stroke- Wed, March 10, 2010
(critical information on staying healthy and knowing the warning signs)

Healthy Eating – Wed, April 14, 2010
(What kinds of food & how to prepare food to stay energized)

Legal Issues & Planning Before a Crisis – Wed, May 12, 2010
(Pre-planning is key to avoiding crisis. Learn important information on how to talk to your loved ones)

Memory Loss and Aging – Wed, June 9, 2010
(Tips on how maintaining and improving your memory. Also, understanding what is dementia)

Bring your lunch and learn about helpful tips that will benefit you and your family.
If you have any questions, please call:
Anat Louis Psy.D. (213) 252-4007 or Anat.Louis@lacity.org
Susi Rodriguez Shapiro M.S.G. (213) 252-4004 Susi.Shapiro@lacity.org
www.lacity.org/doa