DEGREE PROGRAM

Associate in Arts in Psychology for Transfer

This Associate in Arts in Psychology for Transfer degree is designed for students wishing to pursue a Bachelors Degree in Psychology or a Psychology related field at a California State University. The degree provides students with a comprehensive understanding of the major theoretical perspectives in the field of psychology as well as a solid foundation in conducting and analyzing psychological research. Students completing this degree will be well prepared to pursue upper division coursework in Psychology at a CSU. In addition to the core coursework, students must complete additional units from either the CSU GE or IGETC approved course list. It is advised that students wishing to pursue this transfer degree consult with an academic advisor to plan their program. Students are required to complete a minimum of 60 required semester units of CSU transferable coursework with a minimum GPA of 2.0, including a minimum of 21 semester units in the major with a grade of “C” or better. A grade of “P” (pass) is not acceptable for the major courses.

Required Core Courses

<table>
<thead>
<tr>
<th>SUBJECT &amp; NO.</th>
<th>COURSE</th>
<th>UNITS</th>
</tr>
</thead>
<tbody>
<tr>
<td>PSYCH 1</td>
<td>General Psychology</td>
<td>3</td>
</tr>
<tr>
<td>PSYCH 91</td>
<td>Statistics for Psychology</td>
<td>4</td>
</tr>
<tr>
<td>PSYCH 92</td>
<td>Psychological Research Methods</td>
<td>5</td>
</tr>
</tbody>
</table>

Subtotal ........................................ 12

ELECTIVE COURSES - LIST A 3 UNITS

<table>
<thead>
<tr>
<th>SUBJECT &amp; NO.</th>
<th>COURSE</th>
<th>UNITS</th>
</tr>
</thead>
<tbody>
<tr>
<td>PSYCH 2</td>
<td>Biological Psychology</td>
<td>3</td>
</tr>
</tbody>
</table>

ELECTIVE COURSES - LIST B 3 UNITS

<table>
<thead>
<tr>
<th>SUBJECT &amp; NO.</th>
<th>COURSE</th>
<th>UNITS</th>
</tr>
</thead>
<tbody>
<tr>
<td>PSYCH 11</td>
<td>Child Psychology</td>
<td>3</td>
</tr>
<tr>
<td>OR</td>
<td></td>
<td></td>
</tr>
<tr>
<td>PSYCH 13</td>
<td>Social Psychology</td>
<td>3</td>
</tr>
<tr>
<td>OR</td>
<td></td>
<td></td>
</tr>
<tr>
<td>PSYCH 41</td>
<td>Life-Span Psychology</td>
<td>3</td>
</tr>
<tr>
<td>OR</td>
<td></td>
<td></td>
</tr>
<tr>
<td>PSYCH 43</td>
<td>Principles of Group Dynamics</td>
<td>3</td>
</tr>
</tbody>
</table>

ELECTIVE COURSES - LIST C 3 UNITS

<table>
<thead>
<tr>
<th>SUBJECT &amp; NO.</th>
<th>COURSE</th>
<th>UNITS</th>
</tr>
</thead>
<tbody>
<tr>
<td>PSYCH 14</td>
<td>Abnormal Psychology</td>
<td>3</td>
</tr>
<tr>
<td>OR</td>
<td></td>
<td></td>
</tr>
<tr>
<td>PSYCH 52</td>
<td>Psychological Aspects of Human Sexuality</td>
<td>3</td>
</tr>
<tr>
<td>OR</td>
<td></td>
<td></td>
</tr>
<tr>
<td>PSYCH 77</td>
<td>Sport Psychology</td>
<td>3</td>
</tr>
</tbody>
</table>

ELECTIVES: ANY CSU TRANSFERABLE COURSE(S) 9 – 11 UNITS

IGETC or CSU GE Pattern ........................ 28-30
Total ............................................. 60

Note: 37 - 39 GE unit total is reduced due to double counting of 9 units of major courses towards general education.

TRANSFER CURRICULUM

Information regarding lower division major preparation requirements required to transfer to a University of California (UC) or California State University (CSU) campus may be obtained at www.assist.org. For information about independent or out-of-state colleges/universities, please consult with a counselor.

SUBJECTS & COURSE DESCRIPTIONS

Psychology (PSYCH)

1 General Psychology I (3) UC:CSU IGETC Area 4I
   (UC Credit Limit: Psychology 1 and 6 combined, maximum credit one course).
   LECTURE, 3 HOURS.
   This course introduces the scientific study of behavior and mental processes, including research methods in psychology, the physiological basis of behavior, learning and memory, theories of personality, and psychological disorders and their treatments.

2 Biological Psychology (3) UC:CSU IGETC Area 5B (C-ID PSY 150)
   Prerequisites: Psychology 1.
   LECTURE, 3 HOURS.
   An analysis of the physiological, evolutionary, and developmental mechanisms of behavior and experience. Human and other animal models are examined with an emphasis on structure-function relationships of neurons and glial cells, and the nervous system as a whole. Topics include the neurochemistry underlying behavior, sensation and perception, movement, regulatory processes, reproductive behavior, emotion, the biology of learning and memory, language and cognition, as well as disorders resulting from nervous system injury or malfunction. Methodology and ethical considerations of human and animal research are discussed and evaluated throughout the course.

11 Child Psychology (3) UC:CSU IGETC Area 4I
   Prerequisites: Psychology 1.
   LECTURE, 3 HOURS.
   This course explores biological, cognitive, emotional, psychological and social development from conception through adolescence with an emphasis on differing theories specific to the field. The course is geared toward practical application of child psychology.

13 Social Psychology (3) UC:CSU IGETC Area 4I
   Prerequisites: Psychology 1.
   LECTURE, 3 HOURS.
   This course examines how individuals are influenced by their social environment. A diversity of topics are discussed, including social cognition, social perception, attitude formation, social influence, interpersonal attraction, group processes, prosocial behavior, aggression, and prejudice. Throughout this course, students sharpen their critical thinking skills and gain a better appreciation for the complex interaction that occurs between the person and the environment.

14 Abnormal Psychology (3) UC:CSU IGETC Area 4I
   Advisory: Psychology 1.
   LECTURE, 3 HOURS.
   This course examines the definition, possible causes, signs and symptoms and treatment of psychological disorders. Topics such as anxiety, mood disorders, schizophrenia, substance related disorders, and personality disorders are emphasized.
32 Psychology of Women (3) UC:CSU IGETC Area 4D, 4I
Advisory: Psychology 1.
Lecture, 3 hours.
This course focuses on psychological issues related to women. Topics include social construction of gender and gender identity development. The effect of gender stereotypes and gender role expectations on school, work, family, and relationships are discussed. Gender differences in cognitive abilities, social and personality characteristics, and communication styles are also covered. Cultural influences on gender are integrated throughout the course.

34 Co-Occurring Disorders (3) CSU
Prerequisites: Psychology 14, 63, 64, 65 and 68.
Corequisites: Psychology 37, 43 and 67
Lecture, 3 hours.
This course addresses the coexistence of chemical dependency and mental health disorders. The course focuses on identification and assessment, current treatment approaches, understanding medications, making appropriate referrals, and how chemical dependency counselors may interface with the mental health community. Attention will be given to special populations, including the culturally diverse, HIV/AIDS population, and the physically disabled.

37 Psychology of Codependency and Family Systems (3) CSU
Lecture, 3 hours.
This course explores the etiology of codependence from a developmental, trauma and family systems perspective. The course provides students with an introduction to the assessment process and treatment strategies which are most effective for clients with codependence.

41 Life-Span Psychology: From Infancy to Old Age (3) UC:CSU IGETC Area 4I
Lecture, 3 hours.
This course explores human development from conception to death. It includes the study of relevant theories of development, with an emphasis on research concerning physical, intellectual, emotional, and social development across the human lifespan. Additional areas of investigation for each phase of the life cycle cover biological influences, brain growth, learning, intelligence, personality, self-concept, social roles, interpersonal relationships, death, and grieving.

43 Principles of Group Dynamics I (3) CSU
Lecture, 3 hours.
This course is an introduction to the dynamics of group interaction with an emphasis on the individual's first-hand experience as the group studies itself. Under supervision, the factors involved in problems of communication, effective theory/practice skills, and individual growth are highlighted.

52 Psychological Aspects of Human Sexuality (3) UC:CSU IGETC Area 4I
Lecture, 3 hours.
This course explores the psychological aspects of human sexuality from the perspective of the individual as well as romantic couples. Topics include male and female sexual anatomy, sexual arousal and response, gender identity, sexual orientation, love and attraction, effective relationship communication, pregnancy, methods of contraception, sexually transmitted infections, normal versus abnormal sexual behavior and sexual coercion.

63 Alcohol/Drug Studies: Prevention and Education (3) CSU
Corequisite: Psychology 64.
Lecture, 3 hours.
This course addresses strategies used to prevent alcohol and drug problems in different settings including: industry, school, family, and community and rehabilitation centers. Its main focus is to prevent adolescents from using and abusing drugs.

64 Introduction to Alcohol and Drug Abuse (3) CSU
Corequisite: Psychology 1.
Lecture, 3 hours.
This is a survey course on alcohol and drug use and abuse. The history, classification, impact, and treatment of psychoactive drugs and addiction are covered. Public policies and social attitudes on alcohol and drug abuse, as well as mental health and drugs, are also examined.

65 Chemical Dependency: Intervention, Treatment and Recovery (3) CSU
Corequisite: Psychology 64.
Lecture, 3 hours.
This course addresses intervention, treatment and recovery issues in chemical dependency. Topics include approaches to intervention, obstacles to intervention, and stages of formal intervention. The medical, behavioral, social, and family systems models of treatment, and various approaches to treatment are also discussed.

67 Counseling Techniques for the Chemically Addicted (3) CSU
Corequisites: Psychology 43 and 65.
Lecture, 3 hours.
This course examines the impact of substance use, abuse and dependence upon individuals and their families. The course focuses on effective counseling skills and techniques for the chemically dependent population.

68 Biopsychology of Chemical Dependency: Drugs, Behavior and Health (3) CSU
Prerequisite: Psychology 1.
Lecture, 3 hours.
This course focuses on the science of drug action and its effects on the nervous system, behavior, mood, and health. Both legal and illegal chemical substances are considered, including various “street” drugs, common prescription drugs, over-the-counter medications, tobacco, and alcohol. Special importance is placed on the synaptic effects of these substances and their impact on specific neurotransmitter systems. Historical trends, routes of administration, absorption, metabolism and elimination, addiction, and tolerance and withdrawal are also considered.

77 Sport Psychology (3) CSU
Lecture, 3 hours.
This course explores the psychological factors that influence peak performance, human behavior, and human development both in and out of sport settings. In particular, scientific psychological principles are applied to topics including peak performance, goal setting, motivation, confidence, visualization, relaxation, leadership, burnout, character building, drug abuse, and race and gender issues as they relate to stereotyping, participation and opportunity.
Psychology Department

**81 Field Work I** (3) CSU
*Prerequisite: Psychology 34.*
Lecture, 1 hour; Laboratory, 7 hours.
*Note: This course is offered on a pass/no pass basis only.*
This course provides students with the opportunity to gain clinical and practical counseling skills as interns in an outpatient alcohol and drug treatment agency. Students are expected to complete a minimum of 126 hours of supervised clinical work experience at an agency using the 12 Core Clinical Functions.

**82 Field Work II** (3) CSU
*Corequisite: Psychology 81.*
Lecture, 1 hour; Laboratory, 7 hours.
*Note: This course is offered on a pass/no pass basis only.*
This course provides students with the opportunity to gain clinical and practical counseling skills as interns at a residential alcohol and drug treatment center. Students are expected to complete a minimum of 126 hours of supervised clinical work experience at an agency using the 12 Core Clinical Functions.

**91 Statistics for Psychology** (4) CSU
*Prerequisites: Psychology 1 and Mathematic 125.*
Lecture, 3 hours; Laboratory, 2 hours.
This course introduces psychology and behavioral science majors to descriptive and inferential statistical techniques. These methods are essential to the understanding, interpretation, and performance of scientific research. Topics include central tendency, variability, the normal curve, correlation and regression, sampling distributions, probability, and hypothesis testing.

**92 Psychological Research Methods** (5) UC:CSU (IGETC Area 4)
*Prerequisites: Psychology 91 and English 101.*
*Advisory: Psychology 2.*
Lecture, 5 hours.
An introduction to the scientific method as it applies to questions about human behavior, for students who wish to pursue psychological science in greater depth. The course examines experimental and non-experimental research methods, with an emphasis on data collection, statistical analysis, and presentation of research results through APA-style scientific writing and presentation. Topics include critical evaluation of research designs and concepts, theory and hypothesis testing, research ethics, scientific variables, measurement techniques, and critical evaluation and generalization of results, all with a multi-cultural perspective.

**185 Directed Study - Psychology** (1) CSU
Conference 1 hour per week per unit.
The above courses allows students to pursue Directed Study in Psychology on a contract basis under the direction of a supervising instructor.

**Credit Limit:** A maximum of 6 units in Directed Study may be taken for credit.
*Note: UC Credit for variable topics courses in this discipline is given only after a review of the scope and content of the course by the enrolling UC campus. This usually occurs after transfer and may require recommendations from faculty. Information about internships may also be presented for review, but credit for internships rarely transfers to UC.*