PHYSICAL EDUCATION
DEPARTMENT

C1-135B MEN  (323) 415-5336
E9-112 WOMEN  (323) 265-8917

SUBJECTS
• Dance Studies
• Dance Techniques
• Health
• Physical Education
• Physical Fitness and Body Movement

FACULTY: PHYSICAL EDUCATION - MEN’S
Browne, Richard - Chair
  Instructor
Calienes, Jorge L.
  Associate Professor
Cone, Al - Athletic Director
  Instructor
Gamboa, Ricardo
  Instructor
Hines, James
  Instructor
Kimber, Kiff K.
  Instructor
McBride, Dan
  Associate Professor
Onsgard, Eldin B.
  Professor
Shepherd, Michael A.
  Instructor

ADJUNCT FACULTY
Adame, Alec
Brenes, Orlando J.
Dipietra, John J.
Elias, Ed
Hultz, Robert
Kaur, Dr. Manjit
Meiers, John C.
Plutchok, Keith
Teper, Lonnie E.
Varela, Stephanie A.
Valle, Ralph
Veglia, Antony

FACULTY: PHYSICAL EDUCATION - WOMEN’S
Galvan, Margaret – Chair
  Professor
Blanco, Erika
  Instructor
Brown, Kimberly D.
  Associate Professor
Crawford, Jr., Richard C.
  Professor
Daw, Pauletta E.
  Professor
Faulkner, Ellen W.
  Professor

Hernandez, Benjamin C.
  Associate Professor
Ladd, Marilyn C.
  Professor
Ramirez, Louis Jr.
  Associate Professor

ADJUNCT FACULTY
D’Luhy Deborah A.
Espinoza, Marvin
Evans, Wanda L.
Figueroa, Marielina
Ganado, Kai
Holguin, Irene
Iriye, Sharon K.
Jensen, Karin
Johnson-Hawkins, Alma
Kaur, Dr. Manjit
Komori, Miyoko
Laguna, Steve
Lambert, Shannon
Lewis, Elton
Maxwell, Dorothy M.
Nguy, Qui
Rodriguez, George
Sandoval, M. Consuelo
Stankevitz, Diane
Tuitama, Tiare
Turner, Bruce M.
Tyo, Stephanie
Veglia, Antony
Wakamatsu, Jeannie
White, Keith
Wu, Dr. Chivey
Zepeda, Eva

EDUCATIONAL PROGRAMS

ASSOCIATE DEGREE PROGRAM:
• Physical Education

TRANSFER CURRICULUM:
• Physical Education

DEGREE PROGRAM

PHYSICAL EDUCATION

Associate in Arts Degree
This program emphasizes preparation for teaching, or career opportunities in Physical Education, or a number of other fields such as physical therapy, special education, recreation, athletic training, research and for positions in private industry or in public service.

In addition to physical fitness, dance and sports activities, the program includes the study of methods of teaching and coaching; rules, procedures and officiating of sports; history and principles of physical education and its relation to education in general.
### PHYSICAL EDUCATION

<table>
<thead>
<tr>
<th>SUBJECT &amp; NO.</th>
<th>COURSE</th>
<th>UNITS</th>
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<tr>
<td>EITHER</td>
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<tr>
<td>ANATOMY 1</td>
<td>Introduction to Human Anatomy</td>
<td>.4</td>
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<td>AND</td>
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<td>PHYSOL 1</td>
<td>Introduction to Human Physiology</td>
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<td>OR</td>
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<tr>
<td>BIOLOGY 20</td>
<td>Human Anatomy and Physiology</td>
<td>.8</td>
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<tr>
<td>HEALTH</td>
<td>2, 7, 8, or 11</td>
<td>.3</td>
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<tr>
<td>PHYS ED or</td>
<td>Four different activity courses to DANCETQ</td>
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<tr>
<td>(see catalog)</td>
<td>include: aquatics, dance, individual and</td>
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<td></td>
<td>team sports</td>
<td>.4</td>
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<tr>
<td>PSYCH 1</td>
<td>General Psychology I</td>
<td>.3</td>
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<tr>
<td>SOC 1</td>
<td>Introduction to Sociology</td>
<td>.3</td>
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#### ECON Om COURSES:

**At least 9 units from the following list:**

- HEALTH 12: Safety Education and First Aid, .3
- MATH 227: Statistics, .4
- P. E. 701: Advanced Lifesaving, .2
- P. E. 702: Water Safety Instruction, .3
- P. E. 708: Care and Prevention of Athletic Injuries, .3
- P. E. 710: Officiating Competitive Sport I, .3
- P. E. 711: Officiating Competitive Sport II, .3
- P. E. 712: Introduction to Physical Education, .3
- P. E. 713: Introduction to Coaching Athletics, .3
- PHYSICS 11: Introductory Physics, .4

**GENERAL EDUCATION REQUIREMENTS (PLAN A)**

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<th>UNITS</th>
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<td>30</td>
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#### TRANSFER CURRICULUM

Transfer requirements are subject to change. Students should check with a counselor for current transfer information.

Majors in physical education must study various physical activity courses in depth. Methods of teaching and coaching, rules, procedures, and officiating of sports must also be undertaken. An introduction to the prevention and care of sports injuries as well as a study of the human body and its reaction to the stresses of vigorous activity are emphasized. It is necessary, of course, for the physical education major to be in excellent physical condition. In addition to the general education requirements and lower division preparation in physical education activities, the major must take Anatomy 1 and Physiology 1 (or Biology 20) and their prerequisites. Physical Education majors also study the history and principals of their profession and its relation to education in general.

### CALIFORNIA STATE UNIVERSITY, LOS ANGELES

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<td>HEALTH 12</td>
<td>Safety Education and First Aid</td>
<td>.3</td>
</tr>
<tr>
<td>MATH 245</td>
<td>College Algebra</td>
<td>.3</td>
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<td>OR</td>
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<tr>
<td>MATH 260</td>
<td>Pre-Calculus</td>
<td>.5</td>
</tr>
<tr>
<td>MATH 227</td>
<td>Statistics</td>
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**CSU GENERAL EDUCATION REQUIREMENTS**

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<td>39</td>
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### COURSE DESCRIPTIONS

#### DANCE STUDIES (DANCEST)

**452 Introduction to Choreography (1) UC:CSU RPT3**

Laboratory, 2 hours.

This course introduces students to choreography with an emphasis on basic steps and combinations, creating dances, terminology, music, and appreciation of dance as a performing art form.

**458 Latin American Dance Cultures (3) UC:CSU**

Note: Credit given for only one of Chicano Studies 58 or Dance Studies 458.

Lecture, 3 hours.

This class focuses on Latin American folk dance appreciation, studying dance as culture, and how each region manifests its traditions, history, and lifestyle as expressed through movement. Students explore and analyze folk dances and how they are reflected by the worldview of people who practice them. They also analyze symbolic movements from selected dances to recognize the quality of movement and the relationship between religious and secular dances.

**814 Dance Production I (1) UC:CSU RPT2**

Laboratory, 3 hours.

This course develops knowledge and skill in organizing and handling a dance production. In addition to increasing dance technique, an opportunity to perform in a dance production is provided.

**820 Dance Production II (4) UC:CSU**

Lecture, 2 hours; Laboratory, 4 hours.

This course provides instruction and laboratory experience in methods and techniques involved in producing a dance concert: including rehearsal management, scheduling, choreographic applications, lighting, costuming, publicity, audition and performance skills, dance critique and assessment.

**822 Dance Rehearsal and Performance (1) UC:CSU RPT3**

Laboratory, 2 hours.

This course provides students structured rehearsal time which culminates in a performance. Students participate as dancers and production personnel and may perform on campus and/or on tour.

**826 Dance Performance Company (1) UC:CSU RPT3**

Laboratory, 3 hours.

This course develops knowledge and techniques to perform in a professional dance company. In addition to exploring various dance techniques, it offers an opportunity to choreograph and perform with the East Los Angeles College Dance Company, as well as touring opportunities to local schools.