



# Health Sciences Career and Academic Pathways (CAPs) Program Map: Associate in Science Transfer for Nutrition and Dietetics

Total number of units: 60.5 units

Top Code/Academic Plan: 1306.00

Updated on March 29, 2022

Semester 1	Course Code	Course	Units	Notes	Advising Notes
Program Course	FAM & CS 021	<b>Nutrition</b>	<b>3</b>	This course meets Certificate in Gerontology/Health requirements, as well as CSU Area E.	Online sections and 8 week options are available.
Program Course	CHEM 101	<b>General Chemistry I</b>	<b>5</b>	This is a required core course.	
GE Course	ENGLISH 101	<b>College Reading and Composition I</b>	<b>3</b>	This course meets IGETC Area 1A. This course has sections that are part of the Honors Program. Check the current catalog for the section number(s). To apply for admission to the Honors Program, please visit the ELAC Counseling Center. For additional information about the Honors Program, please visit the <a href="http://elac.edu/honors">ELAC Honors Program</a> website or contact Dr. Bermudez at <a href="mailto:bermudn@elac.edu">bermudn@elac.edu</a> .	This course may have sections that include a low cost (LCT) or no cost textbook (ZTC). Check the current catalog for the section number(s). You can search for classes in the ELAC and LACCD Schedule of Classes under "Class Search Type" as "Zero Textbook Cost" or "Low-Cost Textbook Classes."
GE Course	COMM 101	<b>Public Speaking</b>	<b>3</b>	This course meets IGETC Area 1C.	

**Total Units 14**

Intersession	Course Code	Course	Units	Notes	Advising Notes
Program Course	PSYCH 001	<b>General Psychology I</b>	<b>3</b>	This is a required core course. It also meets IGETC Area 4. This course has sections that are part of the Honors Program. Check the current catalog for the section number(s). To apply for admission to the Honors Program, please visit the ELAC Counseling Center. For additional information about the Honors Program, please visit the <a href="http://elac.edu/honors">ELAC Honors Program</a> website or contact Dr. Bermudez at <a href="mailto:bermudn@elac.edu">bermudn@elac.edu</a> .	

**Total Units 3**

Semester 2	Course Code	Course	Units	Notes	Advising Notes
Program Course	MATH 227	<b>Statistics</b>	<b>4</b>	This is a required core course. It also meets IGETC Area 2. College level English and Math should be completed within the first year of study. Follow placement guidance in the application process, or meeting with a counselor to find the right course level. This course has sections that are part of the Honors Program. Check the current catalog for the section number(s). To apply for admission to the Honors Program, please visit the ELAC Counseling Center. For additional information about the Honors Program, please visit the <a href="http://elac.edu/honors">ELAC Honors Program</a> website or contact Dr. Bermudez at <a href="mailto:bermudn@elac.edu">bermudn@elac.edu</a> .	Prerequisite completion may be required. MATH 125 or 125S or MATH 134 or MATH 137. This course may have sections that include a low cost (LCT) or no cost textbook (ZTC). Check the current catalog for the section number(s). You can search for classes in the ELAC and LACCD Schedule of Classes under "Class Search Type" as "Zero Textbook Cost" or "Low-Cost Textbook Classes."
Program Course	ANATOMY 001	<b>Introduction to Human Anatomy</b>	<b>3</b>	This course meets IGETC Area 5B.	
Program Course	ANATOMY	<b>Anatomy Lab</b>	<b>2</b>	This course meets IGETC Area 5B.	
Program Course	HLTHOCC 064	<b>Cultural and Legal Topics for Healthcare</b>	<b>1</b>	This is a required core course for Certificate in Gerontology/Health.	Online sections and 8 week options are available.
Program Course	HLTHOCC 065	<b>Fundamentals for the Health Care</b>	<b>2.5</b>	This is a required core course for Certificate in Gerontology/Health.	Online sections and 8 week options are available.

**Total Units 12.5**

Intercession	Course Code	Course	Units	Notes	Advising Notes
GE Course	Any IGETC Area 3B History Course		3	Recommended courses are HISTORY 006, 011, 012, or 082. These courses meet IGETC Area 3B.  This course has sections that are part of the Honors Program. Check the current catalog for the section number(s). To apply for admission to the Honors Program, please visit the ELAC Counseling Center. For additional information about the Honors Program, please visit the <a href="#">ELAC Honors Program</a> website or contact Dr. Bermudez at <a href="mailto:bermudn@elac.edu">bermudn@elac.edu</a> .	Online sections are available. This course may have sections that include a low cost (LCT) or no cost textbook (ZTC). Check the current catalog for the section number(s). You can search for classes in the ELAC and LACCD Schedule of Classes under "Class Search Type" as "Zero Textbook Cost" or "Low-Cost Textbook Classes."

**Total Units 3**

Semester 3	Course Code	Course	Units	Notes	Advising Notes
Program Course	FAM & CS 091	<b>Life Management</b>	3	This is a required core course for Certificate in Gerontology/Health. This course meets CSU Area E.	Online sections and 8 week options are available. Only offered in Fall and Spring.
Program Course	HLTHOCC 062	<b>Skill Set for the Healthcare Professional</b>	3	This is a required core course for Certificate in Gerontology/Health.	Online sections and 8 week options are available.
Program Course	HLTHOCC 063	<b>Basic Medical Terminology, Pathophysiology and Pharmacology</b>	3	This is a required core course for Certificate in Gerontology/Health. Meet with a counselor and the financial aid office to ensure continued financial aid. You may be eligible to apply for the Gerontology/Health Certificate of Achievement.	Online sections and 8 week options are available.
GE Course	Any IGETC Area 3A		3		
GE Course	ENGLISH 102	<b>College Reading and Composition II</b>	3	This course meets IGETC Area 1B. Prerequisite: ENG 101.  This course has sections that are part of the Honors Program. Check the current catalog for the section number(s). To apply for admission to the Honors Program, please visit the ELAC Counseling Center. For additional information about the Honors Program, please visit the <a href="#">ELAC Honors Program</a> website or contact Dr. Bermudez at <a href="mailto:bermudn@elac.edu">bermudn@elac.edu</a> .	This course may have sections that include a low cost (LCT) or no cost textbook (ZTC). Check the current catalog for the section number(s). You can search for classes in the ELAC and LACCD Schedule of Classes under "Class Search Type" as "Zero Textbook Cost" or "Low-Cost Textbook Classes."

**Total Units 15**

Intercession	Course Code	Course	Units	Notes	Advising Notes
GE Course	POL SCI 001	<b>The Government of the United States</b>	3	This course meets IGETC Area 4.  This course has sections that are part of the Honors Program. Check the current catalog for the section number(s). To apply for admission to the Honors Program, please visit the ELAC Counseling Center. For additional information about the Honors Program, please visit the <a href="#">ELAC Honors Program</a> website or contact Dr. Bermudez at <a href="mailto:bermudn@elac.edu">bermudn@elac.edu</a> .	Online sections are available. This course may have sections that include a low cost (LCT) or no cost textbook (ZTC). Check the current catalog for the section number(s). You can search for classes in the ELAC and LACCD Schedule of Classes under "Class Search Type" as "Zero Textbook Cost" or "Low-Cost Textbook Classes."

**Total Units 3**

Semester 4	Course Code	Course	Units	Notes	Advising Notes
Program Course	CHEM 065	<b>Introductory General Chemistry</b>	3	This course meets IGETC Area 5A.  This course has sections that are part of the Honors Program. Check the current catalog for the section number(s). To apply for admission to the Honors Program, please visit the ELAC Counseling Center. For additional information about the Honors Program, please visit the <a href="#">ELAC Honors Program</a> website or contact Dr. Bermudez at <a href="mailto:bermudn@elac.edu">bermudn@elac.edu</a> .	This course may have sections that include a low cost (LCT) or no cost textbook (ZTC). Check the current catalog for the section number(s). You can search for classes in the ELAC and LACCD Schedule of Classes under "Class Search Type" as "Zero Textbook Cost" or "Low-Cost Textbook Classes."
Program Course	MICRO 020	<b>General Microbiology</b>	4	This course meets IGETC Area 5B.	

Semester 4	Course Code	Course	Units	Notes	Advising Notes
Program Course	FAM & CS 006	<b>Challenges of Aging</b>	<b>3</b>	This is a required core course for certificate in Gerontology/Health. It also meets CSU GE Area E.	Online sections and 8 week options are available. Only offered in Fall and Spring.

**Total Units      10**

#### **Degree Path and Requirements:**

This map guides students to complete the Nutrition and Dietetics AS-T AND Gerontology/Health Certificate of Achievement. Students who follow this pathway will be able to transfer to a CSU school and will have specialty education in the field of senior care.

This map is a suggested term-by-term sequence of courses to complete the program in a recommended time frame. This is an efficient and recommended plan, but actual plans may vary by individual student need. This map cannot replace a meeting with [counselors](#).

#### **Department Advising Notes:**

This academic map will result in an AS-T in Nutrition and Dietetics and a Certificate of Achievement in Gerontology.

to transfer to the California State University system in Nutrition and Dietetics, or related majors. The Associate in Science in Nutrition and Dietetics for Transfer degree is intended to meet the needs of students who do not require significant coursework in the sciences to complete their degree. The

#### **Program Description**

The Associates in Science in Nutrition and Dietetics for Transfer Degree is designed to award an Associate in Science degree to those who are intending requirements for the Associate in Science in Nutrition and Dietetics for Transfer degree were chosen solely to meet the requirements of the Transfer Model Curriculum in Nutrition and Dietetics and may not be adequate preparation for transfer to institutions outside of the California State University system. Students are required to complete 60 semester units or 90 quarter units of CSU transferable coursework with a minimum overall grade point average of 2.0, including a minimum grade of "C" (or "P") for each course in the major, and completion of IGETC and/or CSU GE-Breadth.

#### **Career and Transfer Opportunities**

This transfer degree guarantees admission to the California State University system. Visit the [Transfer Center](#) for transfer information, which varies based on transfer college. Make an appointment with a [counselor](#). Students can visit [Career and Job Services](#) for career counseling and further exploration.

Some Career Options include: Registered Dietitian, Food Scientist, Quality Control, Fitness and Wellness Expert, Healthcare, Sales and Marketing.

#### **Youtube Videos**

[UCLA Family Health Center Dietitians and Nutritionists Frequently Asked Questions video](#)

#### **Program Map**

A suggested sequence of classes to complete a degree, certificate, or program of study. Students should consult an academic counselor for variations to this plan based on part-time or full-time status, transfer plans, pre-requisites needed, etc.

#### **Prerequisite Course**

A specific course that must be completed before advancing to the next course.

Check the online catalog at [elac.edu](http://elac.edu) for the latest and most accurate information.

#### **Contact**

Amanda Andrade  
 Department Chair  
[andrada@elac.edu](mailto:andrada@elac.edu)  
 323-260-8116