



Health Sciences Career and Academic Pathways (CAPs) Program Map: Associate in Arts for Transfer for Kinesiology

Total number of units: 61 units

Top Code/Academic Plan: 1228.00

Updated on June 3, 2022

Semester 1	Course Code	Course	Units	Notes	Advising Notes
Program/GE Course	KIN MAJ 100	Introduction to Kinesiology	3		This course is offered short term and online.
Program Course	HEALTH 012	Safety Education and First Aid	3		This course is offered short term and online.
Program Course	MATH 227	Statistics	4	IGETC: Area 2. This course has sections that are part of the Honors Program. Check the current catalog for the section number(s). To apply for admission to the Honors Program, please visit the ELAC Counseling Center. For additional information about the Honors Program, please visit the ELAC Honors Program website or contact Dr. Bermudez at bermudn@elac.edu .	
GE Course	IGETC: Area 4 - Social Science		3		

Total Units 13

Interession	Course Code	Course	Units	Notes	Advising Notes
GE Course	IGETC: Area 1C - Oral Communication		3		

Total Units 3

Semester 2	Course Code	Course	Units	Notes	Advising Notes
Program/GE Course	ANATOMY 101	Introduction to Human Anatomy	4	IGETC: Area 5B and 5C.	
Program Course	Kinesiology (Movement Based Fitness)		1	Elective.	Courses are offered face to face, short term, and online.
GE Course	ENGLISH 101	College Reading And Composition I	3	IGETC: Area 1A. This course has sections that are part of the Honors Program. Check the current catalog for the section number(s). To apply for admission to the Honors Program, please visit the ELAC Counseling Center. For additional information about the Honors Program, please visit the ELAC Honors Program website or contact Dr. Bermudez at bermudn@elac.edu .	This course may have sections that include a low cost (LCT) or no cost textbook (ZTC). Check the current catalog for the section number(s). You can search for classes in the ELAC and LACCD Schedule of Classes under "Class Search Type" as "Zero Textbook Cost" or "Low-Cost Textbook Classes."
GE Course	IGETC: Area 3A - Arts and Humanities		3		
GE Course	IGETC: Area 4 - Social and Behavior Sciences		3		

Total Units 14

Interession	Course Code	Course	Units	Notes	Advising Notes
Program Course	Kinesiology (Movement Based Aquatics)		1	Elective.	Aquatic courses are offered face to face.
GE Course	IGETC: Area 3B - Humanities		3		

Total Units 4

Semester 3	Course Code	Course	Units	Notes	Advising Notes
Program Course	Kinesiology (Movement Based Team)		1		Courses are offered face to face, short term, and online.
Program Course	Elective. See Notes		3	Dept. recommends KIN 109, 128, 135 or HEALTH 011.	Courses are offered online and face to face.
GE Course	CHEM 065	Introduction to General Chemistry I	4	IGETC: Area 5A and 5C. This course has sections that are part of the Honors Program. Check the current catalog for the section number(s). To apply for admission to the Honors Program, please visit the ELAC Counseling Center. For additional information about the Honors Program, please visit the ELAC Honors Program website or contact Dr. Bermudez at bermudn@elac.edu .	This course may have sections that include a low cost (LCT) or no cost textbook (ZTC). Check the current catalog for the section number(s). You can search for classes in the ELAC and LACCD Schedule of Classes under "Class Search Type" as "Zero Textbook Cost" or "Low-Cost Textbook Classes."
GE Course	ENGLISH 102 or ENGLISH 103	College Reading and Composition II or Composition and Critical Thinking	3	IGETC: Area 1B, Critical Thinking - English Composition. Either course has sections that are part of the Honors Program. Check the current catalog for the section number(s). To apply for admission to the Honors Program, please visit the ELAC Counseling Center. For additional information about the Honors Program, please visit the ELAC Honors Program website or contact Dr. Bermudez at bermudn@elac.edu .	Either course may have sections that include a low cost (LCT) or no cost textbook (ZTC). Check the current catalog for the section number(s). You can search for classes in the ELAC and LACCD Schedule of Classes under "Class Search Type" as "Zero Textbook Cost" or "Low-Cost Textbook Classes."
GE Course	IGETC: Area 4 - Social and Behavior Sciences		3		

Total Units 14

Semester 4	Course Code	Course	Units	Notes	Advising Notes
Program/GE Course	PHYSIOL 001	Introduction to Human Physiology	4		
Program Course	Elective. See Notes		3	Dept. recommends KIN MAJ106, 128, 100, or HEALTH 012.	
Program Course	Elective. See Notes		3	Department recommends KIN 109, 100, or HEALTH 011.	
GE Course	IGETC: Area 3A or 3B - Arts and Humanities		3		

Total Units 13

Degree Path and Requirements:

The East Los Angeles College in Arts in Kinesiology Transfer degree provides an opportunity for students to complete the first two years of study leading to a bachelor's degree in a California State University. By selecting the proper courses, students may have a seamless transfer to a Cal State University without loss of time or credit. Students must complete a minimum of 60 required semester units of CSU-transferable coursework with a minimum GPA of 2.0, including a minimum of 21-23 semester units in the major with a grade of "C" (or "P") for each course in the major. Cer-tified completion of the California State University Gen-eral Education Breadth (CSU GE Breadth) or Intersegmental General Education Transfer Curriculum (IGETC) pattern is also required. Students wishing to complete a Kinesiology transfer program should consult with an academic advisor to plan their program.

This map is a suggested term-by-term sequence of courses to complete the program in a recommended time frame. This is an efficient and recommended plan, but actual plans may vary by individual student need. This map cannot replace a meeting with [counselors](#).

Department Advising Notes:

Please consult with a counselor to review your best General Education options based on your educational goals as course preferences may vary with your career objectives.

Program Description

The East Los Angeles College in Arts in Kinesiology Transfer degree provides an opportunity for students to complete the first two years of study leading to a bachelor's degree in a California State University. By selecting the proper courses, students may have a seamless transfer to a Cal State University without loss of time or credit. Students must complete a minimum of 60 required semester units of CSU-transferable coursework with a minimum GPA of 2.0, including a minimum of 21-23 semester units in the major with a grade of "C" or better. Certified completion of the California State University General Education Breadth (CSU GE Breadth) or Intersegmental General Education Transfer Curriculum (IGETC) pattern is also required. Students wishing to complete a Kinesiology transfer program should consult with an academic advisor to plan their program.

Career and Transfer Opportunities

Additional certifications may be required in some areas:

- Athletic trainer
- Exercise physiologist
- Fitness instructor

- Sports medicine physician
- Occupational therapist
- Orthopedic surgeon
- Personal trainer
- Physical therapist
- Physical education teacher
- Rehabilitation therapist
- Strength and conditioning coach
- Kinesiologist
- Kinesiology professor
- Kinesiology researcher

Visit the [Transfer Center](#) for transfer information, which varies based on transfer college. Make an appointment with a [counselor](#). Students can visit [Career and Job Services](#) for career counseling and further exploration.

Youtube Videos

[You Belong at East Los Angeles College](#)

Program Map

A suggested sequence of classes to complete a degree, certificate, or program of study. Students should consult an academic counselor for variations to this plan based on part-time or full-time status, transfer plans, pre-requisites needed, etc.

Prerequisite Course

A specific course that must be completed before advancing to the next course.

Check the online catalog at elac.edu for the latest and most accurate information.

Contact

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