



Health Sciences Career and Academic Pathways (CAPs) Program Map: Certificate of Completion for Nutrition for a Healthy Lifestyle

Total number of units: 0 units

Top Code/Academic Plan: 0837.00

Updated on September 16, 2021

Semester 1	Course Code	Course	Units	Notes	Advising Notes
Program Course	VOC ED 355CE	Nutritional Requirements: Components and the Guidelines of a Healthy Diet	0		

Total Units 0

Semester 2	Course Code	Course	Units	Notes	Advising Notes
Program Course	VOC ED 356CE	Weight Management, Energy Balance and Planning Your Diet	0		
Program Course	VOC ED 357CE	Nutrition for Exercise and Making Informed Choices about Food	0		

Total Units 0

Degree Path and Requirements:

This map is a suggested term-by-term sequence of courses to complete the program in a recommended time frame. This is an efficient and recommended plan, but actual plans may vary by individual student need. This map cannot replace a meeting with [counselors](#). Students can apply for certificates as soon as the necessary courses are completed. Meet with a counselor and the financial aid office to ensure continued financial aid. Check with [financial aid](#) for eligibility.

Department Advising Notes:

The department recommends that students meet with an Academic Counselor during the course of this program, to plan for course and program completion.

Program Description

This program provides students with knowledge and skills in preparation for credit courses in health and nutrition.

Career and Transfer Opportunities

Visit the [Transfer Center](#) for transfer information, which varies based on transfer college. Make an appointment with a [counselor](#). Students can visit [Career and Job Services](#) for career counseling and further exploration. For additional resources, students pursuing a certificate can visit the [American Job Center of California](#) on ELAC main campus.

Youtube Videos

[You Belong at East Los Angeles College](#)

Program Map

A suggested sequence of classes to complete a degree, certificate, or program of study. Students should consult an academic counselor for variations to this plan based on part-time or full-time status, transfer plans, pre-requisites needed, etc.

Prerequisite Course

A specific course that must be completed before advancing to the next course.

Check the online catalog at elac.edu for the latest and most accurate information.

Contact

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