



**BASIC NEEDS CENTER**

**EAST LOS ANGELES COLLEGE**

**F5-300 • (323) 267-3730**

# **HUSKY RESOURCE GUIDE**



STUDENT CENT

STUDENT CENTER

STUDENT CENTER



## IMPORTANT NOTICE

Thank you to our College and Community partners who contributed information to our Husky Resource Guide. At the time of publication, the resources listed in this guide are confirmed to be free or low-cost. Please call the organization to confirm costs (if any) prior to using any of the services listed in this guide. East Los Angeles College does not endorse any of the community services listed in this resource guide. The information is collected for the convenience of East Los Angeles College students.



Denotes on-campus amenity. Some services may not open to all students and will specify in the description.

Community listing will note any requirements or eligibility criteria and may change at the organization's discretion.

If there are any changes or edits to this guide, please contact us at: [basicneeds@elac.edu](mailto:basicneeds@elac.edu)



# EAST LOS ANGELES COLLEGE CAMPUS MAP

1301 Avenida Cesar Chavez, Monterey Park, CA 91754



2 Min



## 1 A Complex

- A4 Classroom
- A5 CalWorks
- A3 Baseball Facilities

## 2 A6 Complex

105 104 103 102 101

## 3 C2 Complex

- 101-104 Offices
- 105-108 Athletics Classrooms
- 109-110 Offices
- 111-112 Restrooms\*
- 113 Classroom

## 4 C2 Complex

- 121 & 130 Restrooms \*
- 122 & 123 Classrooms
- 124 Athlete Service Ctr
- 125, 127, 128 Classrooms
- 126 & 129 Offices

## 5 F9 Complex

- 106-108 AJ Dept Office
- 101-105 Classrooms
- 109-112 Classrooms

- Free Speech Area
- Information Booth Student Services (E)
- EV Charging Station D1 & S4 Ground Level
- Lactation Room E1-138 F5-308 G1-301D

## A1 Child Development

### A Complex 1

### A6 Complex 2

## B5 Weingart Stadium

104 Sheriffs Office

## B6 Classrooms

## C1 Men's Gym

121 Classroom  
125 Classroom  
128 Fitness Center  
135 Kinesiology  
135B Mens Athletics

## C2 Complex 3 4

## D1 Parking Structure 3 5

## D5 Swim Stadium

## D7 Transfer Center

## D7A Veterans Center

## E1 Student Services 1 6

102 Information/Student ID  
105 Admissions & Records  
118 Off-Site Education  
121 Enrollment Center  
127 Counseling  
160 Diversabilities Support Program & Services (DSP&S)  
135 Financial Aid  
176 Welcome/Career Center  
183 Assessment Center  
213 Student Services Offices  
227 Extended Opportunity Programs & Services (EOP&S)

## E3 Student Success

100 Non-Credit Department  
100E Modern Languages Department  
170 Modern Languages Lab  
220 Writing Center  
271 Honors Program  
280 Learning Assistance Center  
360 English  
560 Communication Studies  
580 Chicano Studies

## E7 Technology Center

8016 Photography  
104 Engineering  
112 Architecture  
210 First Year Experience (FYE)  
210B Math Engineering & Science Achievement (MESA)  
303 Journalism  
314 Computer Information Systems (CIS)  
420 Computer Applications & Office Technologies (CAOT)

## E9 Women's Gym

112-114 Classrooms

## F3 Bailey Library

## F5 Campus Center 6

104 College Store/Bookstore  
201 Multipurpose Room  
204 Husky Pride Center  
212 Associated Student Union (ASU)  
214 ASU Husky Snack Shack  
302 Student Health Center  
321 Professional Development  
323 Umaja Center

## F7 Social Science

303 Business Administration  
305 Child, Family & Education Studies  
307 Social Sciences  
318 Philosophy  
316 Psychology

## F9 Complex 5

## G1 Administration 6

101 International Students Office  
107 Fiscal Office  
114 Reprographics  
116 Mail Room  
204 Workforce Education  
207 Academic Affairs  
302D Nursing Department Office  
305 President's Office  
314 Administrative Services

## G3 Ingalls Auditorium

Foyer Room

## G5 Math & Science

LL009 MENTE Math Lab  
111 Mathematics  
211 Life Sciences  
211 Allied Health  
315 Chemistry

## G7 Lecture Halls

## G8 Physics & Earth Sciences

## G9 Nursing

## H9 Plant Facilities

## K5 Classrooms

102 Escalante Program

## K7 Community Services

America's Job Center of California

## K9A Plant Facilities

Main Office

## P1 Automotive Technology

## P2 Theater

101 Theater Arts

## S1 Vincent Price Art Museum

## S2 Fine Arts

107 Music  
108 Dance  
132 Recital Hall  
202 Art

## S4 Parking Structure 4 7

## Transit Center

ELAC South Gate Shuttle Bus  
Metro & Municipal Bus Lines

East Los Angeles College is a no smoking campus.

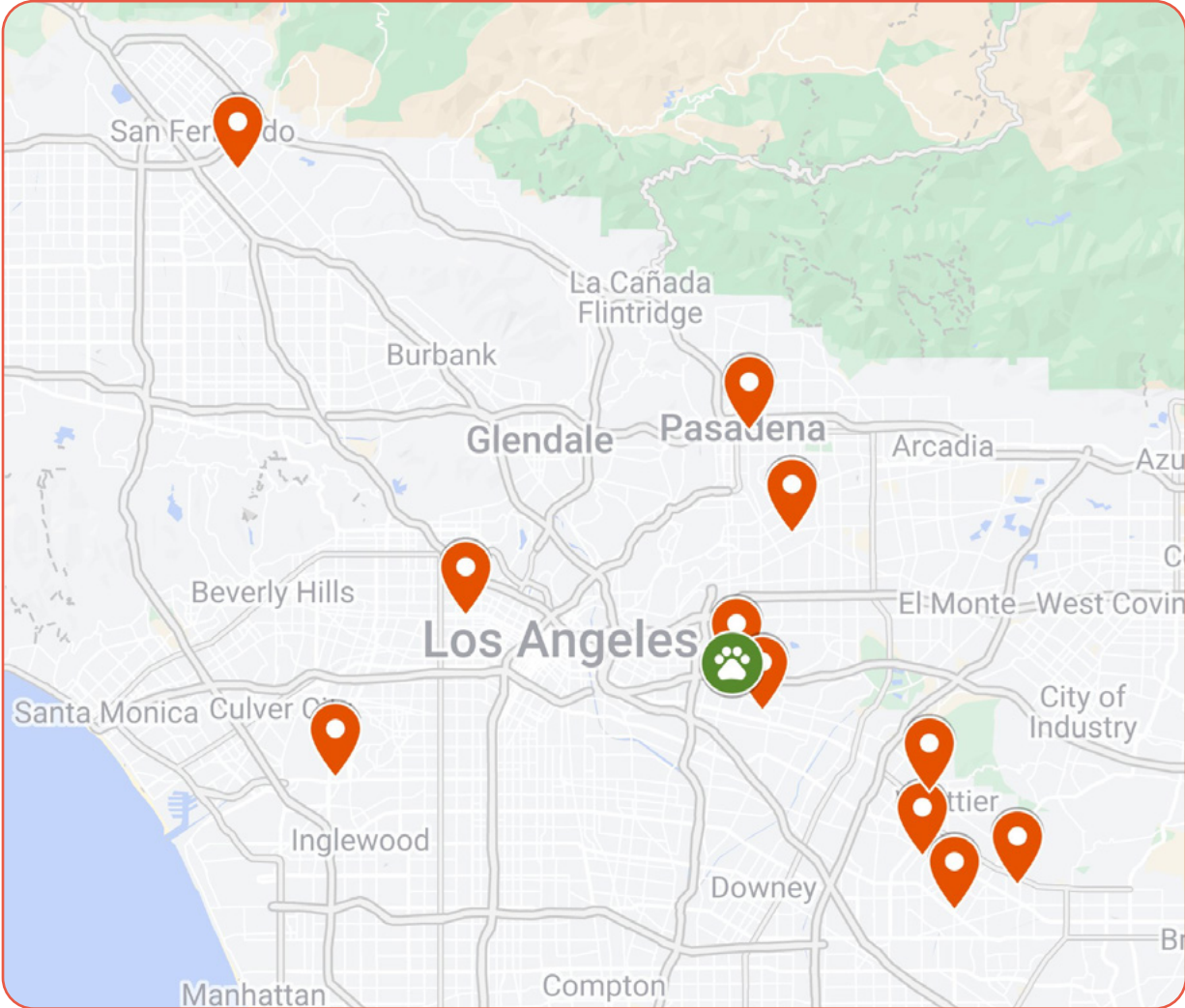
Information subject to change without notice.

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# CHILD & FAMILY RESOURCES



# CHILD CARE

## CRYSTAL STAIRS

Provides childcare assistance and referrals by zip code.

5110 West Goldleaf Circle, Suite 150  
Los Angeles, CA 90056

323-299-8998

<https://www.crystalstairs.org/>

## MEXICAN AMERICAN OPPORTUNITY FOUNDATION

M.A.O.F. offers child care programs, senior programs, and youth programs. Free childcare referrals. Services are available to anyone.

401 North Garfield Avenue  
Montebello, CA 90640

323-890-9600

<https://maof.org/education/preschool>

## ELAC CHILD DEVELOPMENT CENTER

The Campus Child Development Center offers its services to children 2 - 6 years of age.

ELAC Monterey Park Campus A1 Building  
323-265-8788

<https://www.elac.edu/Student-Services/Student-Resources/Child-Development-Center>



## PATHWAYS LA

Offers a variety of child care options to provide parents with choices that work best for them.

3325 Wilshire Boulevard, Suite 1100  
Los Angeles, CA 90010

213-427-2710

<https://pathwaysla.org/for-parents/find-child-care/>





## **YMCA OF GREATER WHITTIER**

**Child care and early learning programs.**

Uptown Whittier Family YMCA  
12510 Hadley Street  
Whittier, CA 90601

562-479-7451

East Whittier Family YMCA  
15740 Starbuck Street  
Whittier, CA 90603

562-307-8725

<https://ymcawhittier.org/programs/childcare-at-the-y/>

## **FAMILY SERVICES**

### **CALWORKS AT ELAC**

**A program offering training and support services to students receiving TANF (Temporary Assistance to Needy Families), previously AFDC.**

ELAC Monterey Park Campus A5 bungalow  
323-265-8998

<https://www.elac.edu/CEWD/Career-Continuing-Education/CalWorks>



### **COOPERATING AGENCIES RESOURCES FOR EDUCATION (CARE) PROGRAM**

**A state funded student support program within E.O.P.S. for SINGLE PARENTS!**

ELAC Monterey Park Campus E1 – 227  
323-265-8769

<https://www.elac.edu/Student-Services/EOPS/CARE-Program/FAQs>



## **EAST LOS ANGELES PREGNANCY CENTER**

Assistance includes baby clothes,  
diapers, wipes and other essentials.

2342 South Atlantic Boulevard  
Monterey Park, CA 91754

323-728-1292

<https://elapc.com/about/>

## **FIRST 5 CALIFORNIA**

First 5 California connects families to the  
services and support they need to give  
their children a healthier tomorrow.

916-263-1050

<https://www.first5california.com/en-us/>

## **HELPLINE YOUTH COUNSELING, INC.**

Linkage to comprehensive  
community resources. Free diapers  
on Thursday's by appointment.

14181 Telegraph Road  
Whittier, CA 90604

562-273-0722

<https://www.hycinc.org/family-services>

## **ECHOES OF HOPE**

Kids for Hope program offers  
resources for disadvantaged children  
between the ages of 0-12.

310-414-1600

<https://www.echoesofhope.org/>

## **KID-TO-KID PASADENA**

Allows parents to sell back pre-used  
clothing and other items that their  
children have outgrown, and exchange  
or cash them in them for pre-loved  
clothes or other items. All items are  
inspected and subject to acceptance.

456 East Colorado Boulevard  
Pasadena, CA 91101

626-469-0079

<https://kidtokid.com/clean-out-cash-in/>

## **MEET EACH NEED WITH DIGNITY (MEND)**

Support with diapers/wipes.

10641 North San Fernando Road  
Pacoima, CA 91331

818-686-7328

[https://mendpoverty.org/  
Help-With-Essentials](https://mendpoverty.org/Help-With-Essentials)



## **PREGNANCY HELP CENTER OF SAN GABRIEL VALLEY INC.**

Assistance includes referrals, baby clothes, diapers, wipes and other essentials. Baby supplies until 2 years of age and bi-monthly parenting classes.

902-904 East Main Street  
Alhambra, CA 91801

626-309-0788

<https://elapc.com/about/>

## **SPIRITT FAMILY SERVICES**

Offering family communication skills, classes, parenting, anger management, alcohol and drug recovery services, domestic violence, child abuse prevention, and family preservation services.

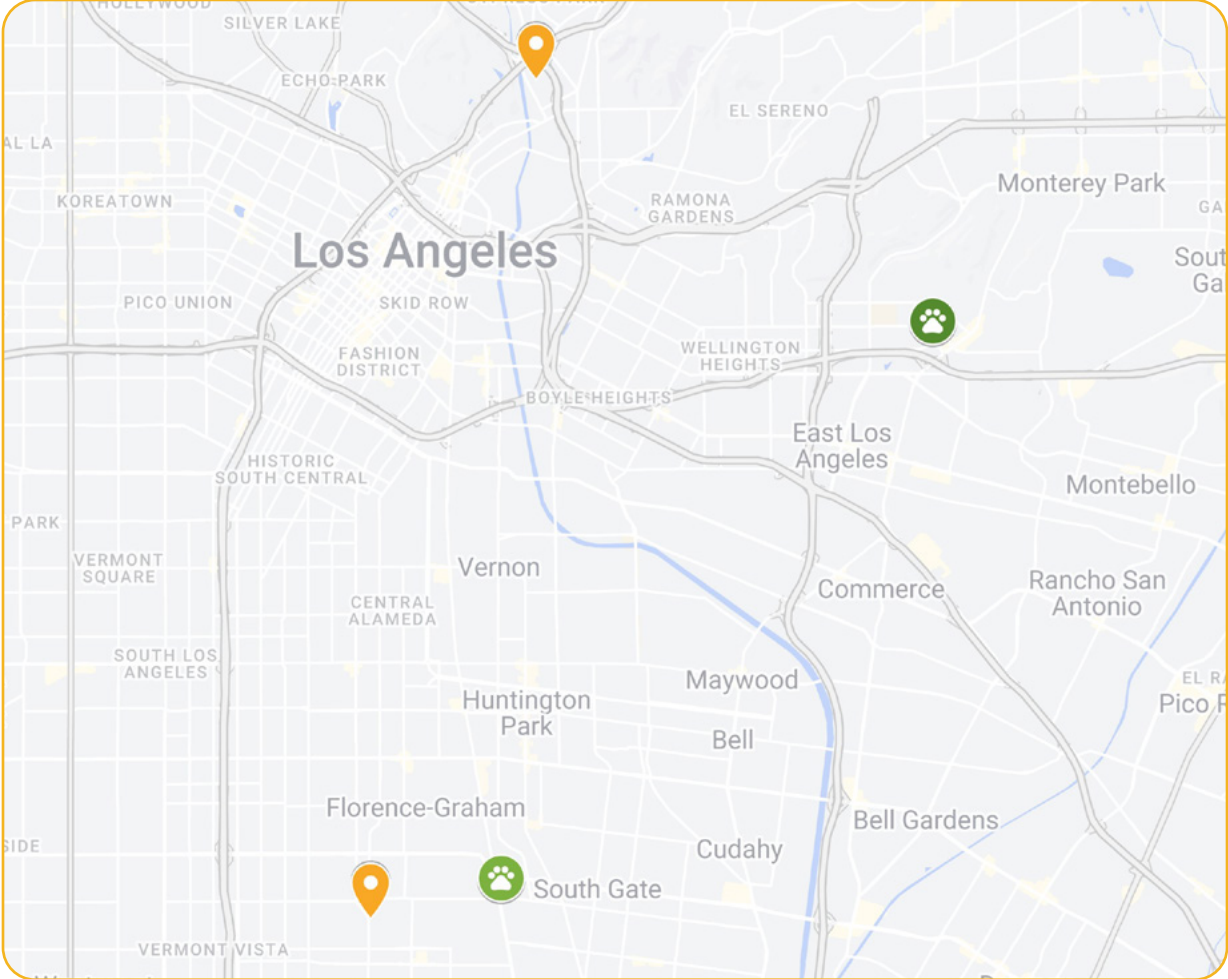
9401 South Painter Avenue  
Building E Whittier, CA 90605

562-698-9436

<https://www.spiritt.org>



# EMPLOYMENT & FINANCIAL RESOURCES



## **A NEW WAY OF LIFE**

Serves female identifying individuals with a criminal justice history in searching for employment.

9512 South Central Avenue  
Los Angeles, CA 90002

323-563-3575

<https://anewwayoflife.org/housing/>

## **DEPARTMENT OF PUBLIC & SOCIAL SERVICES (DPSS)**

Cash assistance and benefits such as CalWORKs, CalFresh, Medi-Cal, and General Relief.

1-866-613-3777

<https://dpss.lacounty.gov/en.html>

## **CAREER & JOB SERVICES**

The Career and Job Services Center offers a variety of services to help decide and plan your career goals.

ELAC Monterey Park Campus E1-176

323-415-4126

ELAC South Gate Campus RM 124

323-357-6232

<https://www.elac.edu/Student-Services/Career-and-Job-Services>



## **ELAC SPECIALIZED AMERICA'S JOB CENTER OF CALIFORNIA (AJCC)**

Helping students find job placements within their fields of study.

ELAC Monterey Park Campus K-126

323-780-6700

ELAC South Gate Campus Main Building

323-568-5821

[https://www.elac.edu/CEWD/Career-Continuing-Education/America-Job-Center-of-California-\(AJCC\)](https://www.elac.edu/CEWD/Career-Continuing-Education/America-Job-Center-of-California-(AJCC))



## **EMPLOYMENT DEVELOPMENT DEPARTMENT (EDD)**

Unemployment assistance,  
disability insurance, paid family  
leave, jobs and training.

1-800-300-5616

<https://edd.ca.gov/>

## **EMPLOYMENT CENTER- GOODWILL SOUTHERN CA**

Helps people in need find  
sustainable employment.

342 North San Fernando Road  
Los Angeles, CA 90031

323-539-2000

<https://www.goodwillsocal.org/career-services/employment-centers/>

## **FINANCIAL AID OFFICE**

Offers support with applying for  
fee waivers, grants, scholarships,  
work-study, and loans.

ELAC Monterey Park Campus E1-135

323-265-8738

ELAC South Gate Campus Main Building

323-357-1704

<https://www.elac.edu/Student-Services/Financial-Aid>



## **LA JOBS PORTAL**

Enables unemployed or underemployed  
Angelenos to find and apply to job  
opportunities across all industries.

<https://jobs.lajobsportal.org/>



# FOOD & NUTRITION RESOURCES



## **CALFRESH**

**Nutrition assistance program that can help households purchase groceries.**

877-847-3663

<https://benefitscal.com/>

## **CENTRO MARAVILLA**

**Food pantry services. Distribution dates/times subject to change. Please call before arrival.**

4716 East Cesar E. Chavez Avenue  
Los Angeles, CA 90022

323-260-2804

<https://211la.org/resources/site/los-angeles-county-workforce-development-aging-and-community-services-centro>

## **EAST LOS ANGELES SERVICE CENTER**

**Food pantry and emergency food.**

133 North Sunol Drive  
Los Angeles, CA 90063

323-260-2801

<https://www.211la.org/resources/site/los-angeles-county-workforce-development-aging-and-community-services-east-los>

## **EASTMONT COMMUNITY CENTER**

**Weekly distributions of 60-80 lbs of food. Pantry services available on Fridays 8am-10:30am.**

701 Hoefner Avenue  
Los Angeles 90022

323-726-7998

<https://eastmontcommunitycenter.org/>

## **LOS ANGELES REGIONAL FOOD BANK**

**Los Angeles Regional Food Bank offers the Food Pantry Locator to help families find their local food pantry.**

1734 East 41st Street  
Los Angeles, CA 90058

323-234-3030

<https://www.lafoodbank.org/find-food/pantry-locator/>





## **FLORENCE/ FIRESTONE CENTER**

**Food pantry and emergency food.**

7807 South Compton Avenue  
Los Angeles CA 90001

323-586-6502

[https://wdacs.lacounty.gov/center\\_categories/florence-firestone-service-center/](https://wdacs.lacounty.gov/center_categories/florence-firestone-service-center/)

## **THE GARAGE BOARDSHOP**

**Food pantry services on Fridays.**

759 South Atlantic Boulevard  
Los Angeles, CA 90022

323-266-5782

<https://thegarageboardshops.com/>

## **HEART OF COMPASSION**

**Register online for more information on distribution services.**

600 South Maple Avenue  
Montebello, CA 90640

323-727-7997

<https://www.heartofcompassionca.org/>

## **ELAC HUSKY PANTRY**

**Open to all actively enrolled ELAC Students.**

ELAC Monterey Park Campus F5-300

<https://www.elac.edu/Student-Services/Student-Resources/Basic-Needs>



## **HUSKY SNACK SHACK**

**Open to all actively enrolled ELAC Students.**

ELAC Monterey Park Campus F5-212

[https://www.elac.edu/Student-Services/Student-Resources/ASU-\(Associated-Student-Union\)](https://www.elac.edu/Student-Services/Student-Resources/ASU-(Associated-Student-Union))



## **LOS NIETOS COMMUNITY CENTER**

**Food pantry and emergency food.**

11640 East Slauson Avenue  
Whittier, CA 90606

562-699-9898

<https://www.countyoffice.org/los-nietos-senior-center-whittier-ca-8ac/>



## **SAN GABRIEL VALLEY SERVICE CENTER**

**Food pantry and emergency food.**

1441 Santa Anita Avenue  
South El Monte, CA 91733

<https://locator.lacounty.gov/lac/Location/3178333/los-angeles-county-department-of-consumer-affairs---san-gabriel-valley-office>

## **WOMEN INFANT AND CHILDREN (W.I.C.)**

**Health and nutrition program for babies, children under 5, pregnant women, and new mothers.**

1-888-942-9675

<https://www.phfewic.org/how-wic-works/apply-for-wic/>

## **SALVATION ARMY WHITTIER CORPS**

**Food distribution services on Monday, Tuesday and Thursday from 10am-1pm.**

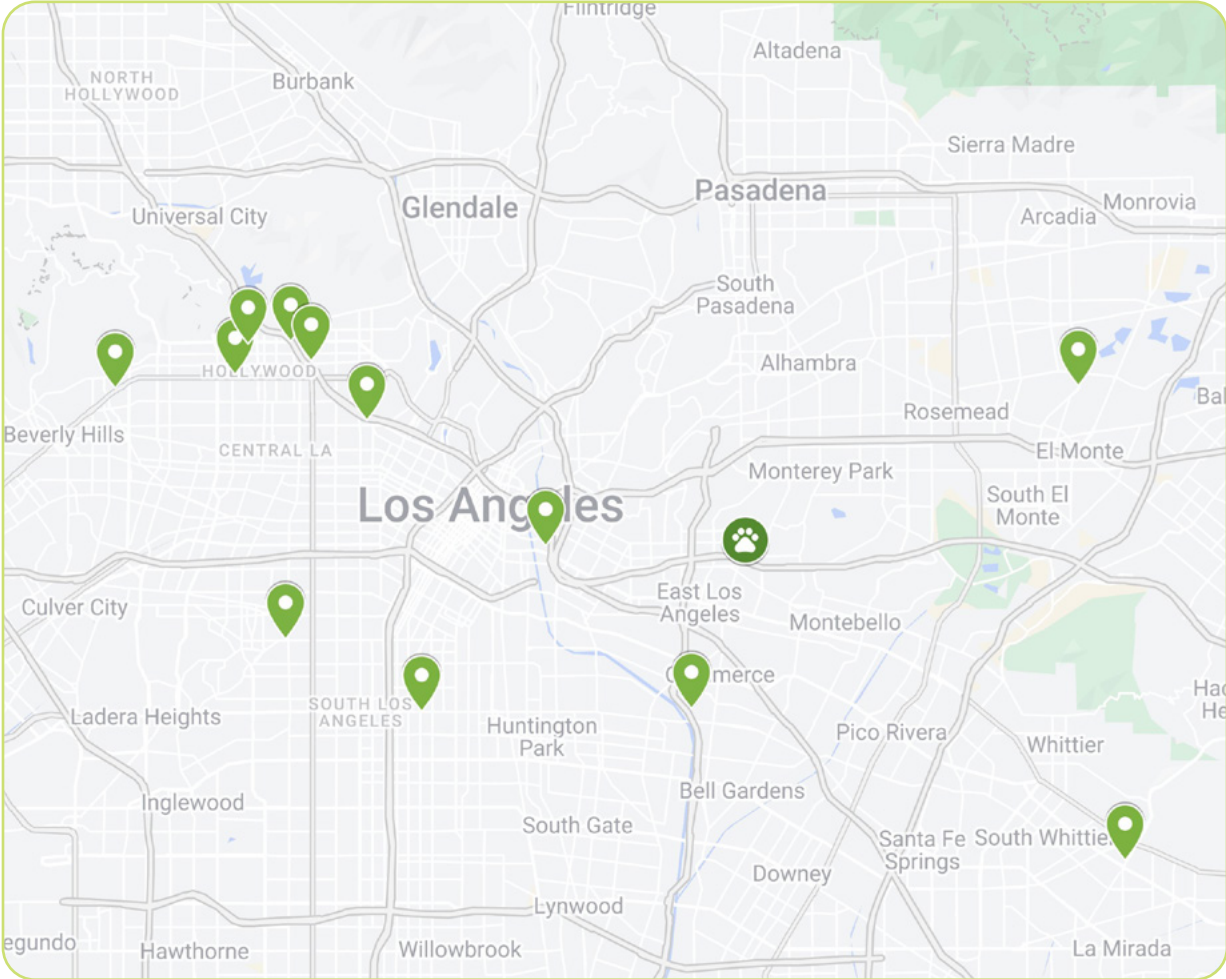
7926 Pickering Avenue  
Whittier, CA 90602

562-698-8348

[https://whittier.salvationarmy.org/whittier\\_corps/](https://whittier.salvationarmy.org/whittier_corps/)



# HOUSING & SHELTER RESOURCES



## **211**

211 connects you to expert caring and is available in 180 languages.

2-1-1 (available 24/7)

<https://www.211.org/>

## **1736 FAMILY CRISIS CENTER**

Support the needs of victims of domestic violence, runaway and homeless youth, victims of human trafficking, homeless families, homeless and at-risk Veterans, unemployed adults and youth, and other low-income community members in need of assistance.

562-388-7652

<https://www.1736familycrisiscenter.org/>

## **BIENESTAR**

Works with Housing Opportunities for Persons with AIDS (HOPWA), a short-term assistance program that provides community members with emergency help with rent, mortgage, utilities, and assistance with the first month's rent, security deposit, and utility connection fees.

866-590-6411 ext. 204

<https://www.bienestar.org/>

## **COVENANT HOUSE OF CALIFORNIA**

Provides shelter and support for youth experiencing homelessness, ages 18-24.

1325 North Western Avenue  
Hollywood, CA 90027

323-461-3131

<https://covenanthouse.org/homelessissues>

## **HOPICS: HOMELESS OUTREACH PROGRAM INTEGRATED CARE SYSTEM**

Provides community-based linkages to housing (emergency, transitional, and permanent), outreach and engagement, behavioral health referrals, mainstream benefits assistance, and follow-up services to ensure long-term housing stability.

5849 Crocker Street  
Los Angeles, CA 90003

323-432-4399

<https://www.hopics.org/housing>



## **LA LGBT CENTER'S YOUTH CENTER**

**Provides temporary housing and referrals, meals, clothing/laundry services, counseling and much more.**

Mi Centro  
553 South Clarence Street  
Los Angeles, CA 90033

McDonald/ Wright Building  
1625 North Schrader Boulevard  
Los Angeles, CA 90028

Youth Center on Highland  
1118 North McCadden Place  
Los Angeles, CA 90038

323-860-2280

Los Angeles LGBT - WeHo Center  
8745 Santa Monica Boulevard  
West Hollywood, CA 90069

323-993-7440

Los Angeles LGBT Center - South  
2313 West Martin Luther King Jr. Boulevard  
Los Angeles, CA 90008

323-860-3799

<https://lalgbtcenter.org/social-service-and-housing/youth>

## **LOS ANGELES HOMELESS SERVICES AUTHORITY**

**Access and drop-in centers. Resources for individuals and households experiencing homelessness or at-risk of becoming homeless.**

213-225-6581

<https://www.lahsa.org/get-help>

## **MY FRIEND'S PLACE HOLLYWOOD – SAFE HAVEN**

**Provides daytime shelter and drop-in services including food, clothing, showers, communication and transportation services to youth experiencing homelessness, ages of 12-25.**

5850 Hollywood Boulevard  
Los Angeles, CA 90028

323-908-0011

<https://www.myfriendsplace.org/program/safe-haven>



## **PEOPLE ASSISTING THE HOMELESS (P.A.T.H)**

**Provides support with employment, outreach, homeless prevention and housing navigation.**

340 North Madison Avenue  
Los Angeles, CA 90004

323-644-2200

apply: [path@epath.org](mailto:path@epath.org)

<https://epath.org/regions/greater-los-angeles/>

## **THE WHOLE CHILD**

**Help families who are homeless, or on the brink of homelessness, chart a path out of their current situation into permanent housing.**

10155 Colima Road  
Whittier, CA 90603

562-692-0383

<https://www.thewholechild.org/programs/family-housing/>

## **THE PEOPLE CONCERN**

**Currently operates interim housing and drop-in services.**

310-450-4050 (Santa Monica SPA 5 services)

323-334-9000 (Downtown SPA 4 services)

<https://www.thepeopleconcern.org/homeless-services/>

## **PENNY LANE CENTERS**

**Provides therapeutic residential services, foster family home placements, adoption services, transitional and affordable housing, family preservation, intensive services and mental health services for children youth and families throughout Los Angeles County.**

Various locations

818-892-3423

<https://www.pennylane.org/programs/housing-programs/directory>



## **OPEN HEARTS HOME INC**

Offers gender specific facilities cater to youth, elderly, and families at risk of homelessness. LGBTQ and HIV friendly and provides diverse resources to assist with enhancing the lives of all participants.

866-676-4787

<https://openheartshomes.org/>

## **SALVATION ARMY BELL SHELTER**

**Call for bed availability.**

5600 Rickenbacker Road  
Bell, CA 90201

323-263-1206 ext. 224 or 223

<https://bellshelter.salvationarmy.org/>

## **SAFE PARKING LA**

Offers a parking spot overnight and services to help stabilize clients sheltering in their vehicles, support their health and wellness, and open doors to housing.

323-210-3375 (regular business hours)

info@safeparkingla.org

<https://safeparkingla.org/need-help/>

## **VOA EL MONTE ACCESS CENTER**

Offers homeless services to individuals and families who are either homeless or at risk of homelessness.

4501 Santa Anita Avenue  
El Monte, CA 91731

626-442-4357

<https://211la.org/resources/site/volunteers-america-greater-los-angeles-el-monte-outreach-and-access-center>

## **WIN (WHAT I NEED) APP**

Available 24/7 and connects anyone who is searching for free or low-cost services to thousands of available helpful programs. Available in English and Spanish, WIN™ is downloadable from the app stores (search for WIN What I Need).

<https://oclawin.org/find-help/win-app-online/>



## **YOUTH EMERGING STRONGER**

Offers youth ages 18-24 housing in a home-like, group setting as well as scatter-site apartments.

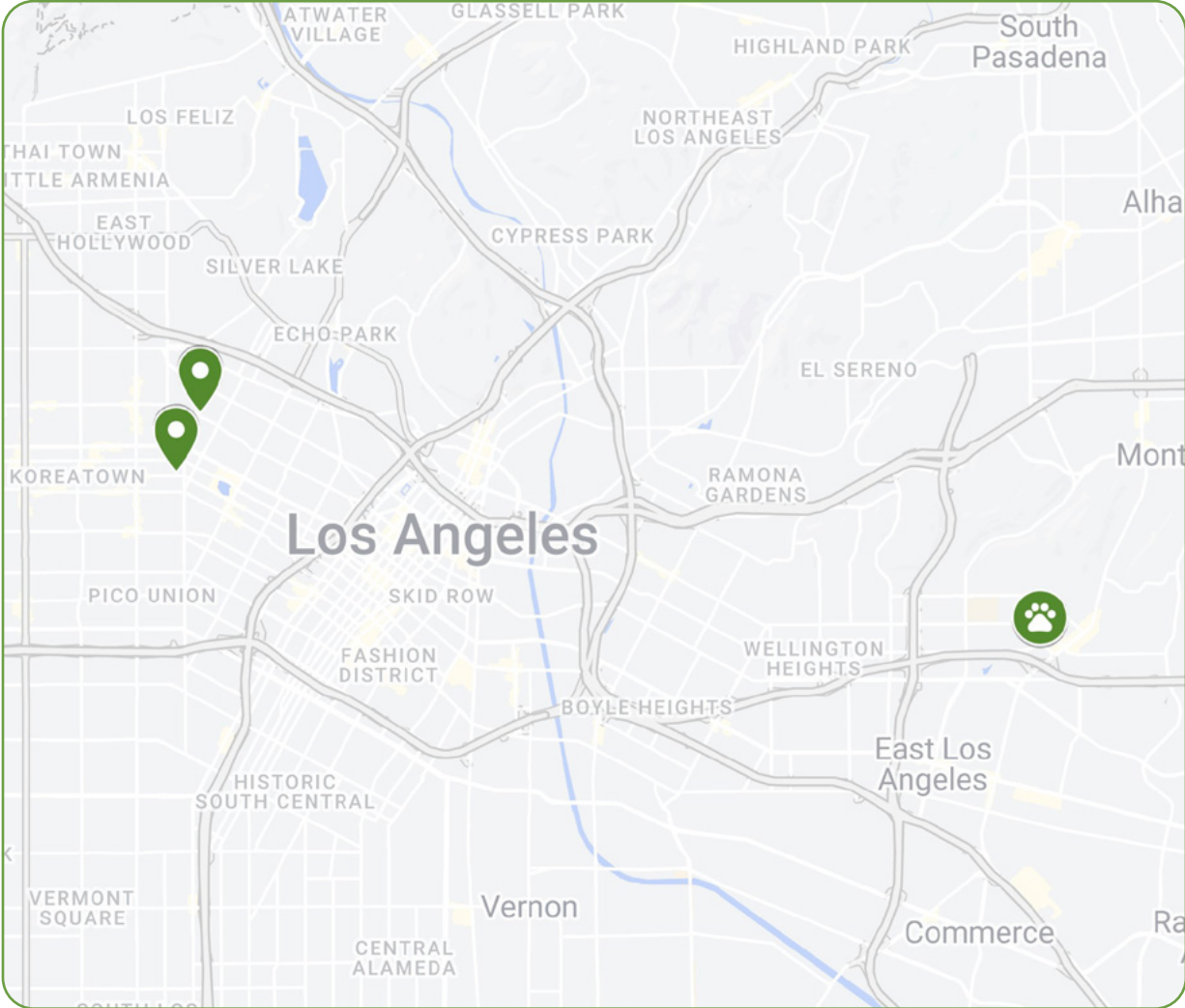
323-240-2253

<https://www.youthemergingstronger.org/transitional-living>





# LEGAL SERVICES



## **CENTER FOR HUMAN RIGHTS AND CONSTITUTIONAL LAW**

A legal services support center with recognized expertise in complex litigation, constitutional law, and laws targeting vulnerable populations including immigrants, refugees, at-risk children, survivors of domestic violence, prisoners in solitary confinement, and member of LGBT communities.

256 South Occidental Boulevard  
Los Angeles, CA 90057

213-388-8693

<https://www.centerforhumanrights.org/>

## **COMMUNITY LEGAL AID SOCIAL**

Provides support and services to help people who are struggling with civil legal issues. Representatives address a wide variety of legal challenges, including but not limited to: family; housing; economic maintenance; health; immigration; seniors; system impact and domestic violence. Also offers free workshops and clinics.

800-834-5001

<https://www.communitylegalsocial.org/>

## **CENTRAL AMERICAN RESOURCE CENTER OF LOS ANGELES (CARECEN)**

Provides high-quality, affordable immigration legal services.

2845 West 7th Street  
Los Angeles, CA 90005

213-385-7800

<https://www.carecen-la.org/>

## **CIVIL RIGHTS DEPARTMENT**

Receives and investigates complaints regarding discrimination in employment, housing, public accommodations, and hate violence cases.

800-884-1684

[center@dfeh.ca.gov](mailto:center@dfeh.ca.gov)

<https://calcivilrights.ca.gov/>



## **LEGAL AID FOUNDATION OF LOS ANGELES**

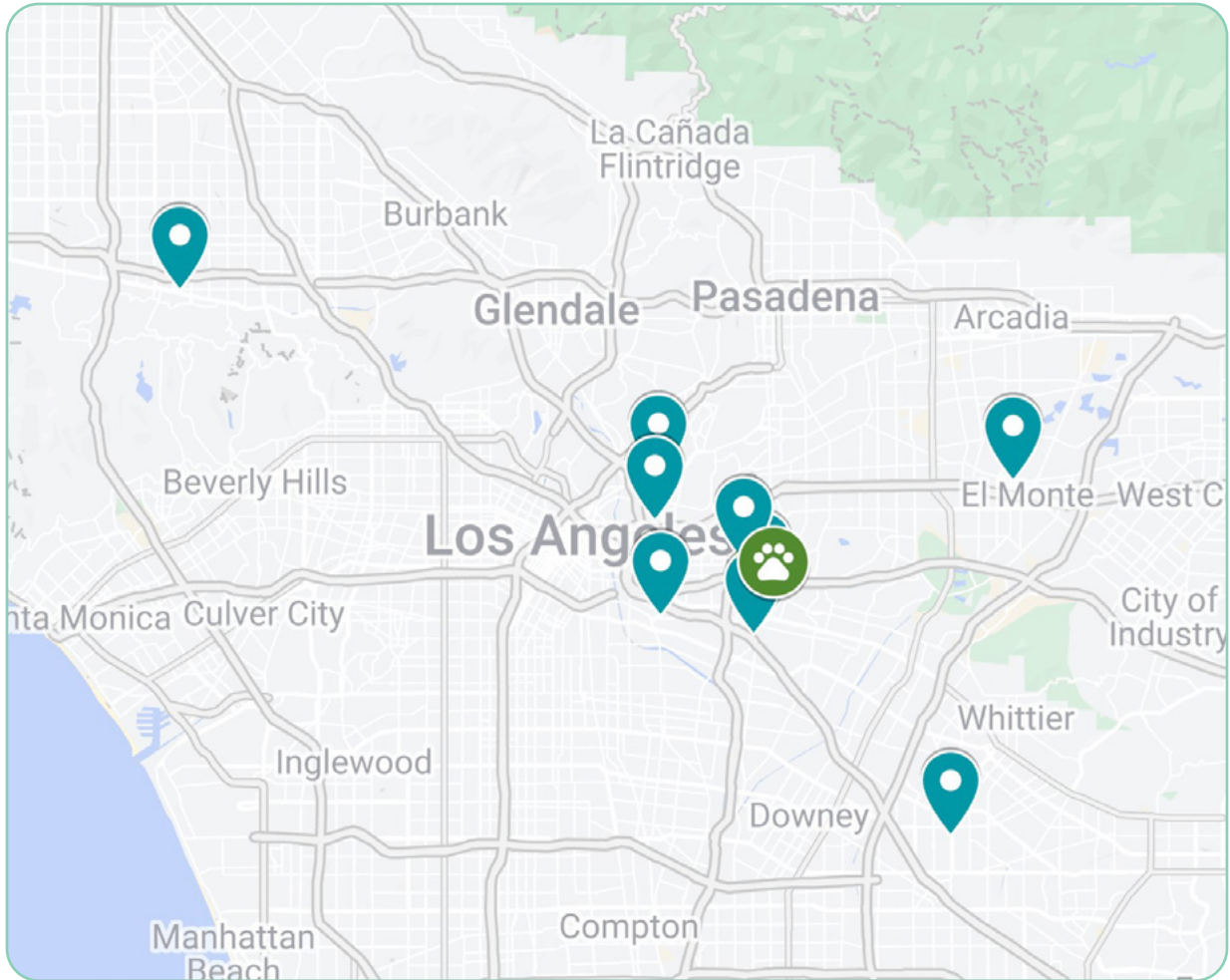
**A nonprofit law firm that provides direct representation, offers counsel and advice, referrals and educates the community about legal rights.**

800-399-4529

<https://lafla.org/>



# MENTAL HEALTH & WELLBEING RESOURCES



# DOMESTIC VIOLENCE RESOURCES

## EAST LOS ANGELES WOMEN'S CENTER

Provides education, resources, specialized therapy and services for survivors of any gender identity with support for domestic violence, sexual assault, sexual harassment, human trafficking, stalking.

1431 South Atlantic Boulevard  
Los Angeles, CA 90022

800-585-6231 (available 24/7)

<https://www.elawc.org/services>

## RAINBOW SERVICES HOTLINE

Provides support to anyone impacted by domestic violence, empowering them to move beyond trauma, towards safety and stability.

310-547-9343

<https://rainbowservicesdv.org/>

## NATIONAL DOMESTIC VIOLENCE HOTLINE

200+ languages.

800-799-7233 (available 24/7)

text "START" to 88788

chat: [thehotline.org](https://www.thehotline.org)

deaf or hard of hearing: TTY 855-812-1001

<https://www.thehotline.org/>

## FAMILY VIOLENCE PROJECT

A crisis hotline that provides services for domestic violence, shelter and welfare-to-work support services in English and Spanish.

13949 Ventura Boulevard #320  
Sherman Oaks, CA 91423

818-505-0900

310-858-9344 (intake/hotline available 24/7)

<https://www.familyviolenceproject.org/>



## **LA LGBT CENTER STOP VIOLENCE PROGRAM**

Helps LGBTQ individuals who have experienced domestic violence.

323-860-5806

<https://lgbtcenter.org/social-service-and-housing/content/domestic-violence-services>

## **SHELTERS FOR VICTIMS OF DOMESTIC VIOLENCE**

Los Angeles has a network of agencies that provide shelter and services to victims of domestic violence.

800-479-7328 (toll free)

800-339-3940 (toll free/asian languages)

213-745-6434

310-379-3620

562-388-7652

818-887-6589

310-264-6644

(all hotlines available 24/7)

## **MENTAL HEALTH RESOURCES**

### **988 SUICIDE & CRISIS LIFELINE**

988 has been designated as the new three-digit dialing code that will route callers to the National Suicide Prevention Lifeline.

9-8-8

<https://988lifeline.org/>

### **CRISIS TEXT LINE**

text TALK to 741-741 (available 24/7)



## **DIDI HIRSCH MENTAL HEALTH**

**Provides free mental health, substance use disorder and suicide prevention services.**

888-807-7250 (intake M-F 8:30am-5pm)

<https://didihirsch.org/services/>

## **ELAC STUDENT HEALTH CENTER**

**Provides preventive non-emergent medical & behavioral health services.**

ELAC Monterey Park Campus F5-302

323-265-8651

[https://www.elac.edu/Student-Services/  
Student-Resources/Student-Health-Center](https://www.elac.edu/Student-Services/Student-Resources/Student-Health-Center)



## **EAST LOS ANGELES VET CENTER**

**Offers confidential help for Veterans, service members, and their families at no cost in a non-medical setting. Services include counseling for needs such as depression, post-traumatic stress disorder (PTSD), and military sexual trauma (MST).**

5400 East Olympic Boulevard #140  
Commerce, CA 90022

323-728-9966

<https://www.va.gov/east-los-angeles-vet-center/>

## **LA COUNTY DEPT. OF MENTAL HEALTH**

**Screening, referrals, and crisis counseling.**

800-854-7771 (available 24/7)

Emotional Support Warm Line 9am-9pm  
(option 2 when calling the Help Line)

Veteran Line 9am-9pm  
(option 3 when calling the Help Line)

<https://dmh.lacounty.gov/get-help-now/>



## **LAC + USC MEDICAL CENTER - PSYCH OUTPATIENT**

Offers mental health services for crisis intervention, medication support, psychological testing and more.

2051 Marengo Street  
Los Angeles, CA 90033

323-409-5751

<https://locator.lacounty.gov/dmh/Location/3180945/lac--usc-medical-center---psych-outpatient>

## **NORTHEAST MENTAL HEALTH CENTER**

Offers mental health services for crisis intervention, medication support, psychological testing targeted case management and more.

3303 North Broadway  
Los Angeles CA 90031

323-478-8200

<https://locator.lacounty.gov/dmh/Location/3180935/northeast-mental-health-center>

## **NAMI HELPLINE**

HelpLine volunteers are working to answer questions, offer support and provide practical next steps.

1-800-950-6264 (M-F 7am-7pm)

<https://www.nami.org/help>

## **ROYBAL FAMILY MENTAL HEALTH CENTER**

Provides mental health services for people who live in City of Commerce, East Los Angeles and Montebello.

4701 East Cesar Chavez Avenue  
Los Angeles, CA 90022

323-267-3400

<https://www.211la.org/resources/site/los-angeles-county-department-mental-health-roybal-family-mental-health-service-0>





## STAND AT ELAC

Take control of your mental health with **STAND at ELAC**, a support program free for most ELAC Students.

ELAC Monterey Park Campus F5-302  
standelac@ucla.edu

<https://www.stand.ucla.edu/elac>

STAND for ALL for folks who are not eligible for STAND at ELAC:

<https://www.stand.ucla.edu/Standforall>

## SAGE LBGTQ+ ELDER HOTLINE

Connects LGBTQ+ older people who want to talk with friendly responders who are ready to listen.

877-360-LGBT (5428)

<https://www.sageusa.org/what-we-do/sage-national-lgbt-elder-hotline/>

## TRANS LIFELINE

Provides trans peer support for the community that's run by and for trans people.

877-565-8860

<https://translifeline.org/>

## TREVOR PROJECT

Provides confidential support, crisis intervention and suicide prevention for LGBTQ youth.

1-866-488-7386 (available 24/7)

text START to 678-678 (available 24/7, standard messaging rates may apply)

<https://www.thetrevorproject.org/>

## VIA CARE COMMUNITY HEALTH CENTER

Offers a range of therapies and treatments in both individual and group settings for mental health.

501 South Atlantic Boulevard  
Los Angeles, CA 90022

323-268-9191

<https://www.viacarela.org/>



## **VETERANS CRISIS LINE**

1-800-273-8255 press 1 (available 24/7)

text: 838255 (available 24/7)

<https://www.veteranscrisisline.net/>

## **SEXUAL ASSAULT RESOURCES**

### **NATIONAL SEXUAL ASSAULT HOTLINE**

800-656-HOPE (4673) (available 24/7)

chat in English: [online.rainn.org](https://online.rainn.org)

chat in Spanish: [rainn.org/es](https://rainn.org/es)

<https://www.rainn.org/resources>

### **LOVE IS RESPECT**

A dating abuse hotline that empowers young people to prevent/end abusive relationships.

866-331-9474

<https://www.loveisrespect.org/>



# SUBSTANCE USE RESOURCES

## **BHS-BOYLE HEIGHTS RECOVERY CENTER**

**Offers outpatient substance abuse treatment.**

3421 East Olympic Boulevard  
Los Angeles, CA 90023

323-262-1786

[https://www.bhs-inc.org/  
outpatient-treatment](https://www.bhs-inc.org/outpatient-treatment)

## **LOS ANGELES CENTER FOR ALCOHOL & DRUG ABUSE (LA CADA)**

**Licensed and certified substance use and behavioral treatment provider.**

11015 Bloomfield Avenue  
Santa Fe Springs, CA 90670

562-906-2676

<https://www.lacada.com/>

## **CALIFORNIA HISPANIC COMMISSION ALCOHOL & DRUG ABUSE (CHCADA)**

**Offers Outpatient Drug-Free (ODF) Individual Counseling, Intensive Outpatient Treatment and MAT referral.**

11046 Main Street  
El Monte, CA 91731

626-444-9000

<https://www.chcada.org/>

## **SAMHSA NATIONAL HELPLINE**

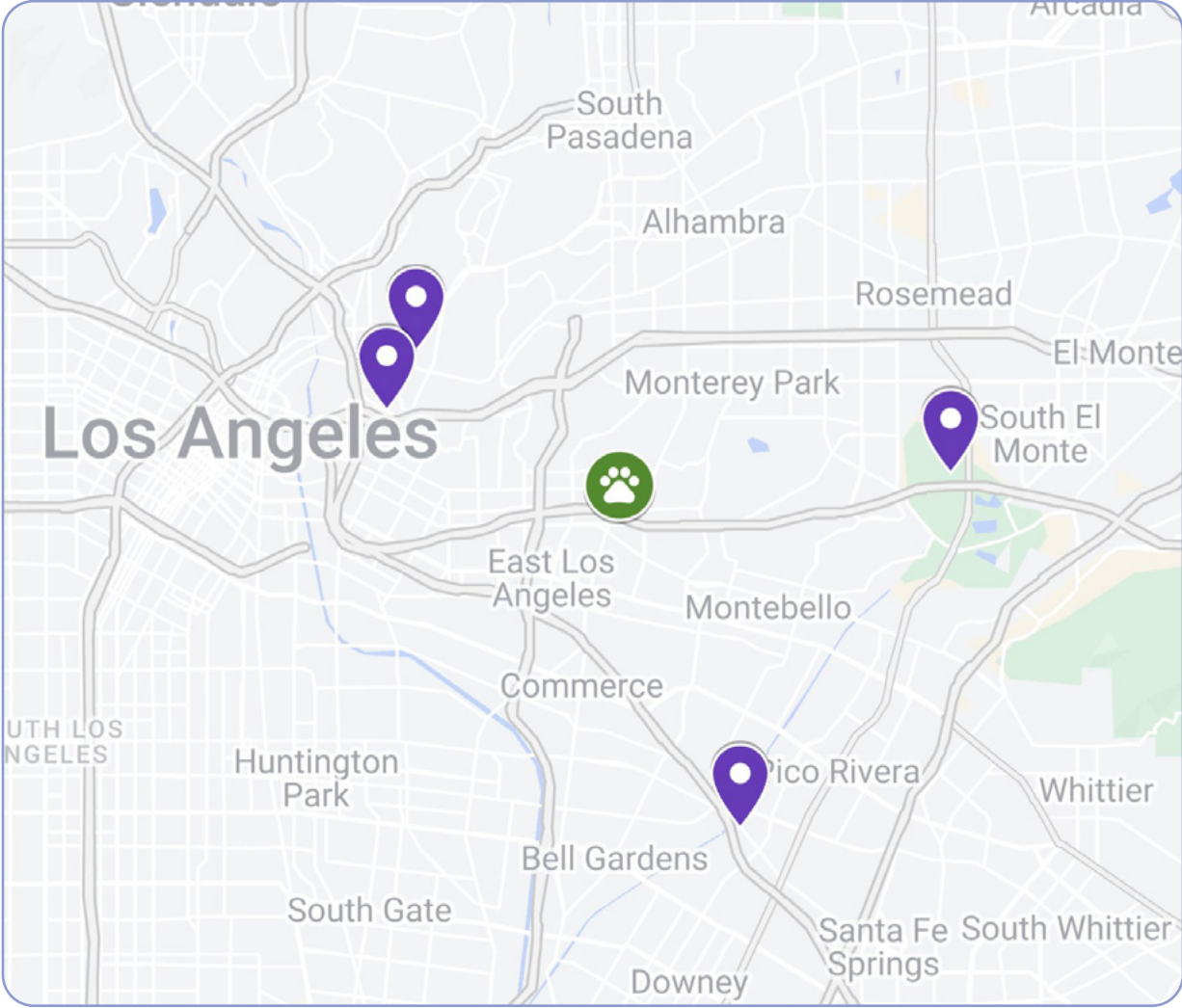
**Free and confidential treatment referral and information service (in English and Spanish) for individuals and families facing mental and/or substance use disorders.**

800-662-4357 (available 24/7)

[https://www.samhsa.gov/find-  
help/national-helpline](https://www.samhsa.gov/find-help/national-helpline)



# PHYSICAL HEALTH & HYGIENE



## **CALIFORNIA HIV/ AIDS HOTLINE**

**A toll free, anonymous and confidential hotline providing HIV/AIDS/STD referrals, information, and support.**

916-449-59007

## **ELAC STUDENT HEALTH CENTER**

**Provides preventive non-emergent medical & behavioral health services for currently enrolled students.**

ELAC Monterey Park Campus F5-302

323-265-8651

<https://www.elac.edu/Student-Services/Student-Resources/Student-Health-Center>



## **ELAC SHOWERS**

**Provides on-campus shower access for students experiencing homelessness.**

ELAC Monterey Park Campus E9 Building

323-265-8915 (7am-9am)

ELAC Monterey Park Campus C1 Building

323-265-8823 (2pm-4pm)



## **THE SHOWER OF HOPE**

**Provides mobile showers in more than 20 locations every week. A few are noted below.**

Clinica Romero Boyle Heights  
2032 Marengo Street  
Los Angeles, CA 90033

(Fridays 8:30am-12:30pm)

Whittier Narrows  
1201 Loma Avenue  
Rosemead, CA 91770

(Thursdays 9am-1pm)

Lincoln Park  
3846 Selig Place  
Los Angeles, CA 90033

(Sundays 9am-1pm, limited shower slots, please arrive by 8am)

City of Downey  
7878 Telegraph Road  
Downey, CA 90240

(Sundays 11am-3pm)

<http://theshowerofhope.org/>



## LAUNDRY LOVE PROGRAMS IN LA COUNTY

Free and available to anyone who needs to wash their clothes/bedding. Follow the link below to search the map for a location nearest you. You will notice that each Laundry Love location posts their day, time, and address, as well as contact information for you to ask questions.

<https://laundrylove.org/locations/>

## HANDWASHING, SHOWERS, RESTROOMS IN LA COUNTY

In response to the COVID-19 pandemic, the City and County of Los Angeles have deployed expanded hygiene services to better support our unsheltered neighbors.

<https://www.lahsa.org/documents?id=4340-hygiene-services-locations>

## MEDI-CAL

Provides free or low-cost health care to people who qualify. It can help pay for doctor visits, hospital care, immunization (vaccines), pregnancy-related services, nursing home care, and other services. This includes: Outpatient (ambulatory) services, Emergency services, Hospitalization, Maternity and newborn care, Mental health and substance use disorder services, Prescription drugs, Programs such as physical and occupational therapy (known as Rehabilitative & Habilitative Services) and device, Laboratory services, and Preventive and wellness services & chronic disease management.

<https://benefitscal.com/Help/HCPDE>

## MY HEALTH LA

A free program that provides health care for individuals, ages 26-49 years old, who are low income and live in Los Angeles County. The program is for individuals who do not have and cannot get health insurance, such as full-scope Medi-Cal or Medicare.

<https://dhs.lacounty.gov/my-health-la/>



## **PLANNED PARENTHOOD**

Delivers vital reproductive health care, sex education, and information to millions of people worldwide. Find the nearest location by visiting our website.

<https://www.plannedparenthood.org/>

## **VIA CARE COMMUNITY HEALTH CENTER**

Provides caring, affordable and high-quality healthcare throughout the East Los Angeles area regardless of insurance availability or financial status.

323-268-9191

<https://www.viacarela.org/hours-and-locations>



# UTILITIES & DISCOUNTS

## AFFORDABLE CONNECTIVITY PROGRAM

An FCC benefit program that helps ensure that households can afford the broadband they need for work, school, healthcare and more.

<https://www.fcc.gov/acp>

## HUMAN IT

Provides low-cost internet and affordable tech devices.

<https://www.human-i-t.org/low-cost-internet/>

## ASSURANCE WIRELESS

A government service supported by the Affordable Connectivity Plan, successor to the Emergency Broadband Benefit Program that provides free unlimited high-speed data, unlimited minutes, texts, 10 GB hot spot & smart phone.

[https://www.assurancewireless.com/partner/displayad?utm\\_source=display&utm\\_medium=cpc&utm\\_campaign=acpcr&utm\\_language=en&dclid=CJy4i5GAjfkCFdfAwgQdLRkKRA](https://www.assurancewireless.com/partner/displayad?utm_source=display&utm_medium=cpc&utm_campaign=acpcr&utm_language=en&dclid=CJy4i5GAjfkCFdfAwgQdLRkKRA)

## LIFELINE PROGRAM

Provides a discount on phone service for qualifying low-income consumers.

<https://www.fcc.gov/general/lifeline-program-low-income-consumers>





## **LOW INCOME HOME ENERGY ASSISTANCE PROGRAM (LIHEAP)**

Assists eligible low-income households with their heating and cooling energy costs, bill payment assistance, energy crisis assistance, weatherization and energy-related home repairs.

<https://www.benefits.gov/benefit/623>

## **XFINITY INTERNET ESSENTIALS**

Provides low-cost internet and affordable tech devices.

<https://www.internetessentials.com/>



# ELAC ON-CAMPUS SUPPORT

## ACADEMIC COUNSELING

Monterey Park: 323-265-8751

South Gate: 323-357-6213

<https://www.elac.edu/Student-Services/Academic-Counseling>

## ASSESSMENT CENTER

Monterey Park: 323-415-4141

<https://www.elac.edu/Student-Services/Assessment-Center>

## ADMISSIONS & RECORDS

Monterey Park: 323-265-8712

South Gate: 323-357-6207

<https://www.elac.edu/Student-Services/Admissions>

## ASSOCIATED STUDENT UNION (ASU)

Monterey Park: 323-265-8742

<https://www.elac.edu/Student-Services/Student-Resources/Associated-Student-Union>

## AMERICA'S JOB CENTER OF CALIFORNIA (AJCC)

Monterey Park: 323-780-6700

South Gate: 323-568-5821

[https://www.elac.edu/CEWD/Career-Continuing-Ed/America-Job-Center-of-California-\(AJCC\)](https://www.elac.edu/CEWD/Career-Continuing-Ed/America-Job-Center-of-California-(AJCC))

## ATHLETICS COUNSELING

Monterey Park: 323-415-5450

<https://www.elac.edu/Student-Services/Athletics-Counseling>

## BASIC NEEDS CENTER

Monterey Park: 323-267-3730

<https://www.elac.edu/Student-Services/Student-Resources/Basic-Needs>



## **CALWORKS**

Monterey Park: 323-265-8998

<https://www.elac.edu/CEWD/Career-Continuing-Education/CalWorks>

## **COLLEGE STORE**

Monterey Park: 323-265-8720

South Gate: 323-357-6235

<https://bookstore.elac.edu/>

## **CAMPUS SAFETY (ELAC SHERIFF'S STATION)**

Monterey Park: 323-265-8800

South Gate: 323-357-6222

<https://www.elac.edu/Admin-Services/Campus-Safety>

## **COMPLETION CENTER**

Monterey Park: 323-415-5366

<https://www.elac.edu/Student-Services/Completion-Center>

## **CAREER & JOB SERVICES**

Monterey Park: 323-415-4126

South Gate: 323-357-6216

<https://www.elac.edu/Student-Services/Career-and-Job-Services>

## **COOPERATIVE AGENCIES RESOURCES FOR EDUCATION (C.A.R.E PROGRAM)**

Monterey Park: 323-265-8769

<https://www.elac.edu/Student-Services/EOPS/CARE-Program>

## **CHILD DEVELOPMENT CENTER**

Monterey Park: 323-265-8788

<https://www.elac.edu/Student-Services/Student-Resources/Child-Development-Center>



## **DIVERSABILITIES SUPPORT PROGRAM & SERVICES (DSP&S)**

Monterey Park: 323-265-8787

South Gate: 323-357-6296

[https://www.elac.edu/  
Student-Services/DSP-S](https://www.elac.edu/Student-Services/DSP-S)

## **EXTENDED OPPORTUNITY PROGRAMS & SERVICE (EOPS)**

Monterey Park: 323-265-8788

[https://www.elac.edu/  
Student-Services/EOPS](https://www.elac.edu/Student-Services/EOPS)

## **DREAM RESOURCE CENTER**

Monterey Park: 323-415-5483

[https://www.elac.edu/Student-Services/  
One-Zone/Dream-Resource-Center](https://www.elac.edu/Student-Services/One-Zone/Dream-Resource-Center)

## **FAMILY AND COMMUNITY ENGAGEMENT SERVICES (FACES)**

Monterey Park: 323-780-6795

[https://www.elac.edu/Student-  
Services/Family-and-Community-  
Engagement-Services](https://www.elac.edu/Student-Services/Family-and-Community-Engagement-Services)

## **EDUCATION JUSTICE RISING SCHOLARS**

Monterey Park: 213-394-2897

[https://www.elac.edu/Student-  
Services/One-Zone/Rising-Scholars](https://www.elac.edu/Student-Services/One-Zone/Rising-Scholars)

## **FINANCIAL AID OFFICE**

Monterey Park: 323-265-8738

South Gate: 323-357-1704

[https://www.elac.edu/Student-  
Services/Financial-Aid](https://www.elac.edu/Student-Services/Financial-Aid)



## **FIRST YEAR EXPERIENCE (FYE) /LA COLLEGE PROMISE (LACP)**

Monterey Park: 323-780-6795

<https://www.elac.edu/Student-Services/First-Year-Experience>

## **FISCAL OFFICE**

Monterey Park: 323-265-8701

South Gate: 323-357-6233

<https://www.elac.edu/Admin-Services/Fiscal-Office>

## **FOSTER & KINSHIP CARE**

1700 Avenida Cesar Chavez  
Monterey Park CA 91754

323-265-8963

<https://www.elac.edu/Student-Services/Foster-and-Kinship-Care>

## **HUSKY ATHLETE SUPPORT CENTER**

Monterey Park: 323-265-8636

<https://www.elac.edu/Student-Services/One-Zone/Husky-Athlete-Support-Center>

## **HUSKY PRIDE CENTER**

Monterey Park: 323-435-6341

<https://www.elac.edu/Student-Services/One-Zone/LGBTQ-Center>

## **INTERNATIONAL STUDENTS**

Monterey Park: 323-265-8796

<https://www.elac.edu/Student-Services/International-Students>

## **LATINA COMPLETION & TRANSFER ACADEMY (LCTA)**

Monterey Park: 323-415-4197

<https://www.elac.edu/Student-Services/Latina-Completion-Transfer-Academy>



## **LIBRARY – HELEN MILLER BAILEY LIBRARY**

Monterey Park E5 Building: 323-265-8758

South Gate: 323-357-6219

<https://www.elac.edu/Explore/Library>

## **OUTREACH & RECRUITMENT**

Monterey Park E1-118: 323-265-8642

South Gate Cubicle 1

[https://www.elac.edu/Student-Services/  
Student-Outreach-Recruitment](https://www.elac.edu/Student-Services/Student-Outreach-Recruitment)

## **NEXT UP/CAFYES**

Monterey Park: 323-265-8769

[https://www.elac.edu/Student-  
Services/EOPS/CAFYES-NextUP](https://www.elac.edu/Student-Services/EOPS/CAFYES-NextUP)

## **SOUTH GATE CAMPUS**

2340 Firestone Boulevard  
South Gate, CA 90280

323-357-6200

[https://www.elac.edu/about-  
elac/south-gate-campus](https://www.elac.edu/about-elac/south-gate-campus)

## **NONCREDIT DEPARTMENT**

Monterey Park: 323-415-5400

South Gate: 323-265-8758

[https://www.elac.edu/CEWD/Career-  
Continuing-Ed/Continuing-Education/  
Adult-Continuing-Education](https://www.elac.edu/CEWD/Career-Continuing-Ed/Continuing-Education/Adult-Continuing-Education)

## **STUDENT ACTIVITIES**

Monterey Park F5-212: 323-265-8742

[https://www.elac.edu/Student-  
Services/Student-Activities](https://www.elac.edu/Student-Services/Student-Activities)

## **STUDENT HEALTH CENTER**

Monterey Park F5-302: 323-265-8651

[https://www.elac.edu/Student-Services/  
Student-Resources/Student-Health-Center](https://www.elac.edu/Student-Services/Student-Resources/Student-Health-Center)



## **TRANSFER CENTER**

Monterey Park D7: 323-265-8623

<https://www.elac.edu/Student-Services/Transfer-Center>

## **VETERANS RESOURCE CENTER**

Monterey Park: 323-415-5052

<https://www.elac.edu/Student-Services/Veterans-Resource-Center>

## **TUTORING SERVICES**

Language Lab: 323-415-5414

Learning Center: 323-265-8782

Math Lab: 323-415-4147

Math SI: 323-260-8131

Reading/Writing Center: 323-415-4147

STEM/MESA: 323-780-6730

<https://www.elac.edu/Academics/ELAC-Online-Tutoring-Services>

## **WELCOME CENTER**

Monterey Park: 323-780-6800

<https://www.elac.edu/Student-Services/Welcome-Support-Resource-Center>

## **UMOJA**

Monterey Park: 323-415-4132

<https://www.elac.edu/Student-Services/One-Zone/Umoja-Program>



