



## Community Swim and Aquatics Classes



EAST LOS  
ANGELES  
COLLEGE

- Classes for Children and Adults
- Beginners to Advanced Groups
- Aqua Aerobics and Lap Swimming
- Two extra-large indoor pools are perfect for swimmers of all levels.
- Classes Start September 6
- (1<sup>st</sup> of 3 Sessions)

Get ready to swim your way into the week!

Join our weekend Swim & Aquatics Classes for all ages—plus, weekday evening classes are making waves soon!

Stay active and have a blast—scan the QR code to enroll.



ELAC Community Services  
<https://eastlac.augusoft.net/>  
**323-265-8793**





## AQUATICS FOR CHILDREN SESSION 1: SEPTEMBER 6 THROUGH OCTOBER 5

READ OUR CLASS DESCRIPTIONS ONLINE: [EASTLAC.AUGUSOFT.NET/](http://EASTLAC.AUGUSOFT.NET/)



### LIL SWIMMERS WITH A GROWN-UP AGES 2-5YRS **\$45**

#### Saturdays

15034 9/6-10/4 Sat 12:00-12:30PM

#### Sundays

15035 9/7-10/5 Sun 12:00-12:30PM

#### Tuesday and Thursday Evenings

15056 9/9-9/25 T & Th 6:20-6:50 PM



### ADULT BEGINNERS **\$90**

#### Saturdays

15032 9/6-10/4 Sat 11:15-12:05 PM

#### Sundays

15033 9/7-10/5 Sun 11:15-12:05 PM

#### Tuesday and Thursday Evenings

15057 9/9-9/25 T & Th 6:00-6:50 PM

### ADULT LEVEL 2 **\$90**

#### Saturdays

15036 9/6-10/4 Sat 1:15-2:05 PM

#### Sundays

15037 9/7-10/5 Sun 1:15-2:05 PM

#### Tuesday and Thursday Evenings

15058 9/9-9/25 T & Th 6:00-6:50 PM

**WANT TO GO FOR A SWIM? PURCHASE A LAP CARD AND SWIM DURING ANY OF OUR C.S. CLASS SCHEDULED TIMES \$40 GETS YOU 10 SWIMS.**



### LEVEL 1 BEGINNERS AGES 6 + **\$90**

#### Saturdays

15011 9/6-10/4 Sat 9:00-9:50 AM

15012 9/6-10/4 Sat 10:00-10:50 AM

15013 9/6-10/4 Sat 11:00-11:50 AM

15014 9/6-10/4 Sat 1:00-1:50 PM

#### Sundays

15015 9/7-10/5 Sun 9:00-9:50 AM

15016 9/7-10/5 Sun 10:00-10:50 AM

15017 9/7-10/5 Sun 11:00-11:50 AM

15018 9/7-10/5 Sun 1:00-1:50 PM

#### Tuesday and Thursday Evenings

15053 9/9-9/25 T & Th 5:00-5:50 PM

## TEEN AND ADULT CLASSES

### AQUA AEROBICS **\$45**

#### Sundays

15038 9/7-10/5 Sun 10:30-11:20AM

#### Tuesday and Thursday Evenings

15055 9/9-9/25 T & Th 5:30-6:20 PM



### COMMUNITY WATER POLO SKILLS AND PLAY **\$90**

Community Water Polo gives adults and teens a chance to learn the sport or, for experienced players, to practice and participate in scrimmages (based on skill level and enrollment numbers).

#### Tuesday and Thursday Evenings

15075 9/9-9/25 T & Th 7:00-7:50 PM

### LEVEL 2 **\$90**

#### Saturdays

15019 9/6-10/4 Sat 9:15-10:05 AM

15020 9/6-10/4 Sat 10:30-11:20 AM

15021 9/6-10/4 Sat 12:15-1:05 PM

#### Sundays

15022 9/7-10/5 Sun 9:15-10:05 AM

15023 9/7-10/5 Sun 12:15-1:05 PM

#### Tuesday and Thursday Evenings

15054 9/9-9/25 T & Th 5:00-5:50 PM

### LEVEL 3 **\$90**

#### Saturdays

15024 9/6-10/4 Sat 10:15-11:05AM

15025 9/6-10/4 Sat 12:30-1:20PM

#### Sundays

15026 9/7-10/5 Sun 10:15-11:05AM

15027 9/7-10/5 Sun 12:30-1:20PM

### LEVEL 4 **\$90**

#### Saturdays

15028 9/6-10/4 Sat 9:30-10:20 AM

15029 9/6-10/4 Sat 11:30-12:20 PM

#### Sundays

15030 9/7-10/5 Sun 9:30-10:20 AM

15031 9/7-10/5 Sun 11:30-12:20 PM

### PRE-COMPETITIVE SWIMMING **\$90**

#### Tuesday and Thursday Evenings

15059 9/9-9/25 T & Th 5:00-5:50 PM



### KIDS' WATER POLO **\$90**

Water Polo for Kids introduces young participants to the basics of the sport in a fun, supportive environment and welcomes beginners with no prior experience playing the sport.

#### Tuesday and Thursday Evenings

15074 9/9-9/25 T & Th 7:00-7:50 PM