



Community Swim and Aquatics Classes



EAST LOS
ANGELES
COLLEGE

- Classes for Children and Adults
- Beginners to Advanced Groups
- Aqua Aerobics and Lap Swimming
- Two extra-large indoor pools are perfect for swimmers of all levels.
- Classes Start September 6
- (1st of 3 Sessions)

Get ready to swim your way into the week!

Join our Swim & Aquatics Classes for all ages. Weekends and Evenings

Stay active and have a blast—scan the QR code to enroll.



ELAC Community Services
<https://eastlac.augusoft.net/>
323-265-8793



AQUATICS FOR CHILDREN SESSION 2: SEPTEMBER 30 THROUGH OCTOBER 9
READ OUR CLASS DESCRIPTIONS ONLINE: EASTLAC.AUGUSOFT.NET/



LIL SWIMMERS WITH A GROWN-UP **\$45**
AGES 2-5YRS

Tuesday and Thursday Evenings

15139 9/30-10/16 Tu & Th 6:20-6:50 PM

Saturdays

15111 10/11-11/08 Sat 12:00-12:30PM

Sundays

15112 10/12-11/08 Sun 12:00-12:30PM



ADULT BEGINNERS **\$90**

Saturdays

15113 10/11-11/08 Sat 11:15-12:05 PM

Sundays

15114 10/12-11/09 Sun 11:15-12:05 PM

Tuesday and Thursday Evenings

15138 9/30-10/16 Tu & Th 6:00-6:50 PM

ADULT LEVEL 2 **\$90**

Saturdays

15115 10/11-11/8 Sat 1:15-2:05 PM

Sundays

15116 10/12-11/9 Sun 1:15-2:05 PM



LEVEL 1 BEGINNERS **\$90**
AGES 6 +

Tuesday and Thursday Evenings

15136 9/30-10/16 Tu & Th 5:00-5:50 PM

Saturdays

15091 10/11-11/08 Sat 9:00-9:50 AM

15092 10/11-11/08 Sat 10:00-10:50 AM

15093 10/11-11/08 Sat 11:00-11:50 AM

15094 10/11-11/08 Sat 1:00-1:50 PM

Sundays

15095 10/12-11/09 Sun 9:00-9:50 AM

15096 10/12-11/09 Sun 10:00-10:50 AM

15097 10/12-11/09 Sun 11:00-11:50 AM

15098 10/12-11/09 Sun 1:00-1:50 PM

TEEN AND ADULT CLASSES

AQUA AEROBICS **\$45**

Sundays

15117 10/12-11/09 Sun 10:30-11:20 AM

Tuesday and Thursday Evenings

15135 9/30-10/16 T & Th 5:30-6:20 PM



COMMUNITY WATER POLO **\$45**
SKILLS AND PLAY

Community Water Polo gives adults and teens a chance to learn the sport or, for experienced players, to practice and participate in scrimmages (based on skill level and enrollment numbers).

Tuesday and Thursday Evenings

15141 9/30-10/16 T & Th 7:00-7:50 PM

LEVEL 2 **\$90**

Saturdays

15099 10/11-11/08 Sat 9:15-10:05 AM

15100 10/11-11/08 Sat 10:30-11:20 AM

15101 10/11-11/08 Sat 12:15-1:05 PM

Sundays

15102 10/12-11/09 Sun 9:15-10:05 AM

15090 10/12-11/09 Sun 12:15-1:05 PM

Tuesday and Thursday Evenings

15137 9/30-10/16 T & Th 5:00-5:50 PM

LEVEL 3 **\$90**

Saturdays

15103 10/11-11/08 Sat 10:15-11:05 AM

15104 10/11-11/08 Sat 12:30-1:20 PM

Sundays

15105 10/12-11/09 Sun 10:15-11:05 AM

15106 10/12-11/09 Sun 12:30-1:20 PM

LEVEL 4 **\$90**

Saturdays

15107 10/11-11/08 Sat 9:30-10:20 AM

15108 10/11-11/08 Sat 11:30-12:20 PM

Sundays

15109 10/12-11/09 Sun 9:30-10:20 AM

15110 10/12-11/09 Sun 11:30-12:20 PM

PRE-COMPETITIVE SWIMMING **\$90**

Tuesday and Thursday Evenings

15140 9/30-10/16 T & Th 5:00-5:50 PM



KIDS' WATER POLO **\$45**

Water Polo for Kids introduces young participants to the basics of the sport in a fun, supportive environment and welcomes beginners with no prior experience playing the sport.

Tuesday and Thursday Evenings

15142 9/30-10/16 T & Th 6:30-7:20 PM

WANT TO GO FOR A SWIM? PURCHASE A LAP CARD AND SWIM DURING ANY OF OUR C.S. CLASS SCHEDULED TIMES \$40 GETS YOU 10 SWIMS.